

*Lauri Ahvenjärvi*

COMPUTED TOMOGRAPHY  
IN DIAGNOSTICS AND  
TREATMENT DECISIONS  
CONCERNING MULTIPLE  
TRAUMA AND CRITICALLY  
ILL PATIENTS

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INSTITUTE OF CLINICAL MEDICINE, DEPARTMENT OF ANAESTHESIOLOGY,  
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*LAURI AHVENJÄRVI*

**COMPUTED TOMOGRAPHY IN  
DIAGNOSTICS AND TREATMENT  
DECISIONS CONCERNING  
MULTIPLE TRAUMA AND  
CRITICALLY ILL PATIENTS**

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## **Ahvenjärvi, Lauri, Computed tomography in diagnostics and treatment decisions concerning multiple trauma and critically ill patients.**

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### ***Abstract***

Technical improvements in computed tomography (CT) scanners have provided new possibilities to exploit the resources of this imaging modality in the evaluation of patients with multiple injuries or patients being treated in an intensive care unit (ICU). The purpose of this study was to assess the significance of multi-detector computed tomography (MDCT) in diagnostics and treatment decisions concerning multiple trauma and critically ill patients.

Findings of MDCT using a dedicated trauma protocol in 133 patients exposed to high-energy blunt trauma were retrospectively evaluated. Diagnostic information about the injuries that would enable planning of treatment was sought. The imaging protocol consisted of axial scanning of the head and helical scanning of the facial bones, cervical spine, thorax, abdomen, and pelvis. Ninety-nine of the patients (74%) had at least one finding consistent with trauma. Nineteen false negative findings and two false positive findings were made. The overall sensitivity of MDCT was 94%, specificity 100%, and accuracy 97%.

The reliability of a structured 5-min evaluation of MDCT images from the scanner's console was prospectively evaluated in 40 high-energy trauma patients. The dedicated trauma protocol covering the thorax, abdomen, and pelvis was used in MDCT scanning. The findings were compared with the final radiological diagnosis of the MDCT data made on a picture archiving and communicating system (PACS) workstation, the operative findings, and the clinical follow-up. The evaluation from the scanner's console enabled diagnosis of all potentially life-threatening injuries, the sensitivity for all injuries being 60% and specificity 98%.

The effects of MDCT on the treatment of patients in a 12-bed medical-surgical ICU were observed prospectively. Sixty-four patients with an ICU stay longer than 48 h had had inconclusive findings with other modalities of radiological imaging. They underwent altogether 82 MDCT examinations. Fifty examinations (61%) resulted in a change in treatment, and 20 (24%) of them otherwise contributed to or supported clinical decision-making. Twelve examinations (15%) failed to provide any additional information relevant to the patient's treatment. MDCT examination was helpful in general ICU patients, with inconclusive findings with other imaging modalities.

CT images of 127 mixed medical-surgical ICU patients were retrospectively reviewed for the previously determined findings. Forty-three of these patients underwent open cholecystectomy, revealing eight cases with a normal gallbladder (GB), 26 with an edematous GB, and nine with necrotic acute acalculous cholecystitis (AAC). Abnormal CT findings were present in 96% of all the ICU patients. Higher bile density in the GB body and subserosal edema were associated with an edematous GB. The most specific findings predicting necrotic AAC were gas in the GB wall or lumen, lack of GB wall enhancement, and edema around the GB. The frequent prevalence of nonspecific abnormal imaging findings in the GB of ICU patients limits the diagnostic value of CT scanning.

**Keywords:** acalculous cholecystitis, computed tomography, decision-making, intensive care, multiple trauma



*To my family*





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## Abbreviations

AAC	acute acalculous cholecystitis
AAST	American Association for the Surgery of Trauma
APACHE II	acute physiology and chronic health evaluation score
BCVI	blunt cerebrovascular injury
CEUS	contrast-enhanced ultrasonography
CT	computed tomography
CTPA	computed tomography pulmonary angiography
CXR	chest radiograph
EAST	Eastern Association for the Surgery of Trauma
FAST	focused assessment with sonography for trauma
GB	gall bladder
GCS	Glasgow coma scale score
ICU	intensive care unit
ISS	injury severity score
MDCT	multi-detector computed tomography
MRI	magnetic resonance imaging
NEXUS	National Emergency X-radiography Utilization Study
NPV	negative predictive value
OPTX	occult pneumothorax
PACS	picture archiving and communicating system
PEEP	positive end-expiratory pressure
RTIR	real-time image reconstruction
SAPS II	simplified acute physiology score
Se	sensitivity
Sp	specificity
SOFA	sequential organ failure assessment score
VAP	ventilator-associated pneumonia



## List of original publications

This thesis is based on the following original articles, which are referred to in the text by their Roman numerals.

- I Ahvenjärvi L, Mattila L, Ojala R & Tervonen O (2005) Value of multidetector computed tomography in assessing blunt multitrauma patients. *Acta Radiol* 46(2): 177–183.
- II Ahvenjärvi L, Niinimäki J, Halonen J, Tervonen O & Ojala R (2007) Reliability of the evaluation of multidetector computed tomography images from the scanner's console in high-energy blunt-trauma patients. *Acta Radiol* 48(1): 64–70.
- III Ahvenjärvi LK, Laurila JJ, Jartti A, Ylipalosaari P, Ala-Kokko TI & Syrjälä HP (2008) Multi-detector computed tomography in critically ill patients. *Acta Anaesthesiol Scand* 52(4): 547–552.
- IV Ahvenjärvi L, Koivukangas V, Jartti A, Ohtonen P, Saarnio J, Syrjälä H, Laurila J & Ala-Kokko T (2010) Diagnostic Accuracy of Computed Tomography Imaging of Surgically Treated Acute Acalculous Cholecystitis in Critically Ill Patients. *J Trauma*, in press.



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# 1 Introduction

Major trauma is a leading cause of death worldwide, with road traffic accidents alone causing 1.3 million deaths annually (Soreide 2009). There were 1189 trauma-related deaths in the 15–64-year-old age group in Finland in 2007 (Tilastokeskus). The estimated number of seriously injured patients in Finland is approximately 1000–1300 patients a year (Handolin *et al.* 2006). Clinical findings may remain equivocal or misleading in 20–50% of blunt multiple trauma victims (Houshian *et al.* 2002, Schurink *et al.* 1997). Hence, there is a demand for a rapid and reliable imaging modality. The advent of the helical computed tomography technique in the late 1980s allowed faster scanning and better quality of image reconstruction in arbitrary planes (Kalender *et al.* 1990). Furthermore, the introduction of multi-detector CT resulted in a major improvement in performance, as it could be used to shorten scanning time, reduce scan collimation, or increase scan length substantially (Prokop 2003). An increasing number of trauma centers are using whole-body CT for early assessment of primary trauma during the early resuscitation phase (Huber-Wagner *et al.* 2009).

Chest radiography has remained the primary technique for thoracic imaging in ICU. However, it has several well-documented limitations, including relatively low sensitivity and specificity (Chahine-Malus *et al.* 2001, Miller *et al.* 1998, Roddy *et al.* 1981, Tagliabue *et al.* 1994, Winer-Muram *et al.* 1993). Likewise, only limited information is obtained from plain abdominal radiography, and the usability of ultrasonography in ICU patients is hampered by bowel gases, wounds, catheters, tissue defects, and edemic tissues (Go *et al.* 2005). However, the use of CT examinations for ICU patients may be limited by the costs, risks, and extra workload related to the need to transfer the patient to the CT suite. Furthermore, the use of a radiocontrast agent may impair renal function and cause allergic reactions. The radiation dose also has to be considered (Kim *et al.* 2004). Systematic analyses of the overall impact of MDCT on the treatment of general ICU patients are few (Kumta *et al.* 2002, Velmahos *et al.* 1999).

GB abnormalities are frequent in ICU patients (Boland *et al.* 2000) and are considered largely a manifestation of systemic critical illness associated with multiple organ dysfunction (Laurila *et al.* 2006, Laurila *et al.* 2005). Acute acalculous cholecystitis (AAC) is a potentially fatal condition mainly affecting critically ill patients (Kalliafas *et al.* 1998, Laurila *et al.* 2004, Pelinka *et al.* 2003). Many imaging findings have also been associated with AAC, but have shown little predictive value (Boland *et al.* 2000, Puc *et al.* 2002).

The purpose of this study was to assess the significance of MDCT in diagnostics and treatment decisions concerning critically ill and multiple trauma patients. The reliability of MDCT using a dedicated trauma protocol was evaluated in blunt multiple trauma patients. The reliability and accuracy of a rapid structured evaluation of MDCT images from the scanner's console in multiple trauma patients was also studied. The impact of MDCT examinations on treatment and clinical decision-making concerning ICU patients was observed. And finally, the usefulness of CT findings in predicting necrotic AAC in ICU patients was clarified.

## **2 Review of the literature**

### **2.1 Multiple blunt trauma**

#### **2.1.1 Trauma-related death**

Trauma-related death has been assumed to follow a trimodal distribution with three distinct peaks correlating with immediate, early, and late death from trauma (Trunkey 1983). However, the validity of this model, which has been widely taught in the design of trauma systems, is questionable in the modern era (de Knegt *et al.* 2008, Demetriades *et al.* 2005). Still, the first peak exists (50.2% of deaths), occurring within the first hour of injury (de Knegt *et al.* 2008, Demetriades *et al.* 2005). The incidence of trauma deaths is high within the first six hours after admission, but it declines later on (Demetriades *et al.* 2005). Even when a helicopter emergency medical service enables immediate access to the accident scene and the patients are aggressively treated, no extra benefit can be seen (Iirola *et al.* 2006). The temporal distribution and location of trauma deaths are influenced by the mechanism of injury, the age of the patient, and the injured body area (Demetriades *et al.* 2004, Demetriades *et al.* 2005).

Preventable or potentially preventable deaths are rare but still occur even in high-volume trauma centers (2.5% of deaths) (Gruen *et al.* 2006, Teixeira *et al.* 2007). The most common recurrent cause of preventable death remains human error, resulting in a delay in treatment, inadequate monitoring, and missed injuries (Teixeira *et al.* 2007).

#### **2.1.2 Radiological imaging approach for trauma patients**

An increasing number of trauma centers are using whole-body CT for early assessment of primary trauma during the early resuscitation phase, even in hemodynamically unstable patients (Huber-Wagner *et al.* 2009). For a good reason, concern over the risk of overscanning patients has arisen (Wurmb *et al.* 2007). However, clinically significant injuries are not uncommon even in patients with no obvious signs of chest or abdominal injury (Salim *et al.* 2006). Recently published data suggest for the first time that the probability of survival for patients with major trauma can be significantly increased by the use of whole-body CT. The number needed to scan based on the trauma and injury severity

score (TRISS) was 17 for CT covering a whole-body area (Huber-Wagner *et al.* 2009). CT is also the preferred imaging modality for a pregnant patient with major trauma, because the principle is that there can be no fetal survival without maternal survival (Chen *et al.* 2008).

A more rapid diagnostic workup may be achieved when using whole-body CT as a primary diagnostic tool compared with conventional use of radiography, combined with abdominal ultrasound and organ-focused CT (Wurmb *et al.* 2009). Furthermore, the single-pass whole-body CT protocols may result in significantly shorter scanning time than the segmental conventional protocol (Nguyen *et al.* 2009). The initial experience with the most advanced technique of a 64-row MDCT scanner indicates further time savings, especially in the reformatting and evaluation interval (Rieger *et al.* 2009).

## **2.2 Critically ill patients**

Intra-hospital transfer of critically ill patients may pose major risks, either system based or human based (Beckmann *et al.* 2004). Patients requiring a transfer out of the ICU are a more critically ill patient group (Szem *et al.* 1995). Because the transfer of patients to an imaging room outside the ICU is potentially hazardous, the transfer process must be efficient, organized, and follow recommended practice guidelines (Beckmann *et al.* 2004, Papson *et al.* 2007, Warren *et al.* 2004). The most common unexpected events that occur are oxygen saturation probe failures, lead and line angles, hypotension, and wearing off of sedation (Papson *et al.* 2007). Intra-hospital transfers may also pose a risk for ventilator-associated pneumonia (VAP) (Bercault *et al.* 2005, Kollef *et al.* 1997). Cautious measures are recommended before and during the transfer to prevent VAP, and in the few days after the transfer, intensive searching for VAP is justified (Bercault *et al.* 2005).

## **2.3 Computed tomography**

### **2.3.1 Technical development**

The first CT scanners were introduced in the early 1970s (Ambrose & Hounsfield 1973). The first clinical application for this novel imaging modality was evaluation of the parenchyma of the brain. Technical evolution of CT scanners

made it possible to examine a variety of abnormalities in different organ systems in a manner not previously possible. The establishment of total-body CT scanning in 1974 gradually altered the radiological approach to diagnosis of diseases (Schellinger *et al.* 1975, Sheedy *et al.* 1976). The first CT scanners in Finland were introduced in 1978 (Suoranta 2006).

The advent of continuously rotating CT scanners provided the necessary technical basis for the invention of the helical CT scanning technique (Kalender *et al.* 1990). Helical CT scanning enabled covering of extended and complete organ volumes during a single held breath (Kalender *et al.* 1990). Although three-dimensional postprocessing methods were now available due to continuous volume data, there was still a considerable mismatch between transverse (in plane) and longitudinal (axial) spatial resolutions (Klingenbeck-Regn *et al.* 1999). This drawback was overcome when subsecond multi-slice/multi-detector CT scanners were introduced in 1998 (Klingenbeck-Regn *et al.* 1999). MDCT brought a major improvement in performance, as it could be used to shorten scanning time, reduce scan collimation, or increase scan length substantially (Prokop 2003).

### **2.3.2 Advantages**

CT has gained acceptance as the most accurate modality for imaging of the thorax and abdomen (Barkhausen *et al.* 1999, Kumta *et al.* 2002, Miller *et al.* 1998, Roddy *et al.* 1981, Tagliabue *et al.* 1994, Voggenreiter *et al.* 2000). Compared with other imaging modalities, CT is able to cover the whole body in a short moment of time, undisturbed by bowel gases, wounds, catheters, tissue defects, or edemic tissues. CT may depict faint pneumothorax and lung contusion as well as inflammatory changes in the lung more accurately than chest radiography (Ball *et al.* 2005, Elmali *et al.* 2007, Traub *et al.* 2007). Fractures of the spine and pelvis are revealed more robustly than with plain radiographs (Tables 1 and 2). Abdominal injuries and diseases are evident at least as clearly as with ultrasonography and regarding the retroperitoneal space, CT is superior to ultrasonography (Fang *et al.* 2006b).

### **2.3.3 Disadvantages**

The patient has to be transferred to the CT suite for the scanning. Because intra-hospital transportation of severely traumatized or critically ill patients poses significant risks, the transport process should be organized and efficient.

Therefore, CT scanning should only be undertaken when the benefits outweigh the risks of the transport (Beckmann *et al.* 2004, Warren *et al.* 2004). Treatment of the patient and safe transport also necessitates the presence of ICU personnel during the scanning (Warren *et al.* 2004).

Intravascular use of an iodinated contrast agent may cause adverse reactions, which are more likely to develop in patients with asthma, a history of allergy or contrast reaction, and in those who are debilitated or medically unstable (Morcos & Thomsen 2001). The use of low-osmolar contrast media has resulted in a reduction in the incidence of severe and very severe reactions by a factor of ten in comparison with high-osmolar contrast media (Katayama *et al.* 1990). Nevertheless, the incidence of anaphylaxis or anaphylactoid reactions due to contrast media is 35 per 100,000 procedures when low-osmolar contrast media are used (The International Collaborative Study of Severe Anaphylaxis 2003).

The most commonly used definition for contrast-material-induced nephropathy (CIN) is an increase in serum creatinine of 0.5 mg/dl (44.2  $\mu\text{mol/l}$ ), or a 25% increase from the baseline value, assessed 48 hours after the procedure (McCullough *et al.* 2006). CIN is the third most common cause of hospital-acquired renal failure and is a substantial cause of morbidity and mortality (Tublin *et al.* 1998). Non-diabetic surgical ICU patients and ICU patients with at least one risk factor of CIN and receiving theophylline for prophylaxis present a similarly low incidence of CIN (1.4% vs. 2%) (Haveman *et al.* 2006, Huber *et al.* 2001, Huber *et al.* 2006). The highest risk of developing CIN is in patients with both diabetes and renal impairment (Halvorsen 2008). However, the relative incidence of CIN in patients who have received intravenous contrast material appears to be lower than in those who received intra-arterial contrast media (Katzberg & Barrett 2007). While the prophylactic effect of N-acetylcysteine against CIN is questionable, a volume expansion with isotonic hydration has a well-established role in reducing the risk of CIN (Gonzales *et al.* 2007, Kay *et al.* 2003, Mueller *et al.* 2002, Stacul *et al.* 2006, Tepel *et al.* 2000, Zagler *et al.* 2006).

Despite rapid volumetric scanning, CT images may still suffer from movement artifacts (Kroft *et al.* 2007). ECG gating reduces artifacts caused by heart contractile movements, but when retrospective ECG gating is applied, the radiation dose increases (Horiguchi *et al.* 2008). Metallic implants or foreign bodies may cause streak artifacts due to beam hardening, and thereby degrade image quality (Lee *et al.* 2007).

### **2.3.4 CT radiation dose**

The CT technique is associated with a relatively high inherent radiation dose, and recent technological development with consequent changes in practice has even increased the dose burden (Dawson 2004). In order to optimize CT examinations, the radiation dose given to patients should be minimized without significantly deteriorating the diagnostic accuracy of the examinations (Kiljunen 2008). Median effective doses may range from 2 mSv for a routine head CT scan to 31 mSv for a multiphase abdomen and pelvis CT scan, but there may be even more than ten-fold variation in effective doses within and across institutions (Smith-Bindman *et al.* 2009). Although radiographs are taken much more frequently than CT scans are performed, the latter may account for up to two-thirds of the total radiation dose that critically ill patients are exposed to (Kim *et al.* 2004). Consequently, physicians should always consider the expected risks and benefits of CT scanning (Tien *et al.* 2007, Winslow *et al.* 2008). However, justification for performing CT scanning on multiple trauma and critically ill patients is definitely warranted. Exploiting novel technical innovations, e.g. in the field of detector development and noise-reducing algorithms applied to raw data, may contribute to reducing patient doses.

## **2.4 Computed tomography in blunt multiple traumas**

### **2.4.1 Craniocerebral and facial injury**

CT is the most relevant imaging procedure for surgical lesions (Besenski 2002, Parizel *et al.* 2005). Patients identified as having a moderate or high risk of intracranial injury (Glasgow Coma Scale score (GCS) < 13) should undergo early non-contrast CT for evidence of intracerebral hematoma, midline shift, or increased intracranial pressure (Davis & Expert Panel on Neurologic Imaging 2007). CT is relatively insensitive in detecting small and non-hemorrhagic lesions such as contusion. Diffuse axonal injuries, increased intracranial pressure, cerebral edema, or early demonstration of hypoxic-ischemic encephalopathy may go undetected on CT (Davis & Expert Panel on Neurologic Imaging 2007).

There has been much controversy about the use of CT for patients with a minor head injury (GCS score 13-15) (Haydel *et al.* 2000, Stiell *et al.* 2001). Both national and international clinical guidelines for the use of CT have been proposed and validated, but they have shown considerable overlap (Smits *et al.*

2007). All of the validated guidelines have demonstrated a trade-off between sensitivity and specificity, and none of the guidelines have proven clearly superior (Smits *et al.* 2007, Stiell *et al.* 2005).

CT is the imaging method of choice in evaluating the complex anatomic structures of the maxillo-facial region (Kubal 2008, Salonen *et al.* 2008, Salvolini 2002). CT scanning of the orbits may provide valuable information about any head trauma patient who presents one or more symptoms directly related to an orbital fracture or just isolated blepharohematoma (Exadaktylos *et al.* 2005). Helical CT is the most sensitive imaging technique for the detection of glass intraocular foreign bodies when compared with axial CT, MR imaging, and sonography (Gor *et al.* 2001). However, MR imaging may reveal wooden foreign bodies in cases where CT results have been either negative or equivocal (Kubal 2008).

### **2.4.2 Spinal trauma**

Victims of blunt cervical spine injury needing imaging studies are initially cleared by three-view plain radiography and CT (Hashem *et al.* 2009). Plain radiography consists of anteroposterior, lateral, and odontoid views (Griffen *et al.* 2003). In some institutions oblique views are also obtained (Diaz *et al.* 2007). As shown in Tables 1 and 2, CT has proved superior to plain radiography in the detection of spinal injuries. Reflecting this growing evidence, the most widely accepted and clinically implanted guideline by the Eastern Association for the Surgery of Trauma (EAST) has been recently updated with a recommendation that the primary screening modality is axial CT from the occiput to T1 with sagittal and coronal reconstructions. Plain radiographs contribute no additional information and should not be obtained (Como *et al.* 2009).

Some controversy still exists over whether cervical MR may change management after negative CT (Menaker *et al.* 2008). While CT may fail to detect ligamentous and spinal cord injuries, virtually all unstable injuries are correctly identified (Table 1).

Blunt cerebrovascular injury (BCVI) is recognized more commonly than previously thought. The first series reporting a higher incidence of blunt carotid injury (0.67%) than appreciated was published in 1996 (Fabian *et al.* 1996). The diagnostic evaluation and management algorithm of BCVI in adult patients was recently introduced by the Western Trauma Association (Biffl *et al.* 2009). Liberal screening of BCVI with CT angiography using at least a 16-slice technique is



recommended due to the high specificity and acceptable sensitivity of this modality (Biffl *et al.* 2006, Sliker *et al.* 2008). Stroke rates are shown to decrease when BCVI patients are treated appropriately (Biffl *et al.* 2002, Edwards *et al.* 2007).

The thoracic and lumbar spine is usually screened in conjunction with chest and abdominal CT scanning due to high-energy trauma (Antevil *et al.* 2006, Hauser *et al.* 2003). CT depicts thoracolumbar spine fractures more accurately than plain radiography (Table 2). However, thoracolumbar spine radiographs provide some measures (e.g. spinal canal narrowing) with acceptable precision (Bensch *et al.* 2009). When plain radiography is omitted, the time, expense, and radiation dose may be saved (Hauser *et al.* 2003, Sheridan *et al.* 2003). Since ligamentous injury of the thoracolumbar spine without bony injury is extremely rare, MR is not routinely used (Koizumi *et al.* 2002).

**Table 1. Imaging for cervical spine clearance.**

Author	N	Patients (guideline)	Imaging modalities	Results
(Diaz <i>et al.</i> 2003)	1006	Blunt cervical spine trauma victims	Single-slice CT and five-view plain radiography	CT Se 97.4%, Sp 100% X-ray Se 44%, Sp 100%
(Gale <i>et al.</i> 2005)	640	Blunt cervical spine trauma victims (EAST)	CT and three-view plain radiography	X-ray Se 31.6%, Sp 99.2%
(Hogan <i>et al.</i> 2005)	366	Obtunded blunt trauma victims	Four-slice or 16-slice CT and 1.5 T MRI	CT NPV 98.9% for ligamentous injury NPV 100% for unstable injury
(Como <i>et al.</i> 2007)	115	Obtunded blunt trauma victims	16-slice CT and 1.5 T MRI	MRI did not change treatment
(Mathen <i>et al.</i> 2007)	667	Patients not meeting NEXUS low-risk criteria	Four-slice CT and plain radiography	CT Se 100%, Sp 99.5% X-ray Se 45%, Sp 97.4%
(Harris <i>et al.</i> 2008)	367	Obtunded blunt trauma victims	Four-slice CT, plain radiography, and MR	CT NPV 99.7% for injury (NPV 100% for unstable injury)
(Menaker <i>et al.</i> 2008)	203	Blunt trauma victims	16-slice CT and 1.5 T MRI	MRI changed treatment in 7.9%

Author	N	Patients (guideline)	Imaging modalities	Results
(Steigelman <i>et al.</i> 2008)	120	Blunt trauma victims with altered mental status	Single-slice or four-slice CT and 1.5 or 3.0 T MRI	MRI did not change treatment
(Tomycz <i>et al.</i> 2008)	180	Obtunded trauma victims	Four-slice CT and 1.5 T MRI	CT did not miss unstable injuries
(Bailitz <i>et al.</i> 2009)	1505	Blunt cervical spine trauma victims (NEXUS)	CT and three-view plain radiography	CT Se 100% X-ray Se 36%
(Hashem <i>et al.</i> 2009)	121	Cervical spine trauma victims (EAST)	Four-slice CT and three-view plain radiography	CT Se 100% X-ray Se 61%

**Table 2. Imaging for thoracolumbar spine clearance.**

Author	N	Patients	Imaging modalities	Results
(Hauser <i>et al.</i> 2003)	215	High-risk trauma requiring spine screening	Single-slice CT and two-view plain radiography	CT Se 97%, Sp 99% X-ray Se 58%, Sp 93%
(Sheridan <i>et al.</i> 2003)	78	Multiple trauma patients	Single- or multi-slice CT and two-view plain radiography	CT (thoracic) Se 97% CT (lumbar) Se 95% X-ray (thoracic) Se 62% X-ray (lumbar) Se 86%
(Wintermark <i>et al.</i> 2003)	100	Severe blunt trauma	Four-slice CT and two-view plain radiography	CT Se 78.1% X-ray Se 32.0%
(Roos <i>et al.</i> 2004)	82	Patient with multiple injuries	Four-slice CT using two different collimations	CT Se 97%-98%, Sp 97%
(Antevil <i>et al.</i> 2006)	254 x-ray group + 319 CT group	Spinal trauma patients	Four-slice CT and two-view plain radiography for the thoracolumbar spine	CT Se 100% X-ray Se 70%

### 2.4.3 Thoracic trauma

An aortic tear is a devastating injury after blunt chest trauma. The diagnostic modality of choice has shifted from aortography to CT (Chen *et al.* 2004, Demetriades *et al.* 2008, Melton *et al.* 2004). The use of transesophageal echocardiograms (TEE) has also declined (Demetriades *et al.* 2008). Even with conventional or single-slice helical CT technology, it was possible to reliably exclude aortic injury (Cleverley *et al.* 2002, Dyer *et al.* 1999). However, the

evolution of CT technology has improved diagnostic accuracy, and the prevalence of intrathoracic great vessel injury is unlikely even when a hematoma is centered around the aorta and vessels (Sammer *et al.* 2007). Therefore, a definite diagnosis of an aortic rupture is based on direct visualization of a pseudoaneurysm, an intimal flap, and aortic dissection (Ellis & Mayo 2007).

CT scanning is the “gold standard” test for lung contusion, pneumothorax, pneumomediastinum, mediastinal hematoma, as well as fractures of ribs, scapulas, and sternum (Ball *et al.* 2005, Elmali *et al.* 2007, Traub *et al.* 2007). The occult pneumothorax (OPTX) is a pneumothorax not identified on a supine plain chest radiograph (Ball *et al.* 2009, de Moya *et al.* 2007). The incidence of OPTXs may range from 30% to 76%, depending on the patient population involved, the severity of the trauma, and the skills of the interpreter (Ball *et al.* 2005, Ball *et al.* 2009, de Moya *et al.* 2007). Subcutaneous emphysema is a strong indicator of concurrent OPTX, but also pulmonary contusion, rib fractures, and female sex may predict OPTX and warrant CT scanning (Ball *et al.* 2005, Ball *et al.* 2009).

A major aerodigestive tract injury is seen in approximately 7% of patients with blunt trauma pneumomediastinum (Dissanaike *et al.* 2008). The overall sensitivity and specificity of a CT scan for a major aerodigestive tract injury is 100% and 85%, respectively (Dissanaike *et al.* 2008). CT may detect the site of a blunt tracheobronchial injury in 94% of cases (Scaglione *et al.* 2006). The Macklin effect is caused by air dissecting along bronchovascular sheaths after an alveolar rupture. This effect is identified on CT in 39% of cases with traumatic pneumomediastinum (Wintermark & Schnyder 2001). However, the Macklin effect does not preclude a tracheobronchial injury and is associated with a prolonged ICU stay (Wintermark & Schnyder 2001).

Rib fracture diagnosis is more definite on CT scans than on chest radiography, but only a CT finding of rib fractures in multiple locations is associated with increased incidence of respiratory failure (Livingston *et al.* 2008). Exploitation of the volume rendering technique may augment the diagnostic accuracy of thoracic cage fractures and even shorten the time needed for the diagnostic work up (Alkadhi *et al.* 2004).

Evidence concerning imaging of a blunt diaphragmatic rupture is still limited. Patient cohorts are small, and large prospective data and trials comparing CT scanning with MRI are lacking. Even though retrospective series have shown promising results for CT findings with sensitivity of 100%, prospective series have shown unsatisfactorily low sensitivities of 50%–67% (Allen *et al.* 2005, Nchimi *et al.* 2005, Rees *et al.* 2005). Diaphragmatic discontinuity, diaphragmatic

thickening, segmental nonrecognition of the diaphragm, intrathoracic herniation of abdominal viscera, elevation of the diaphragm, and both hemothorax and hemoperitoneum have been suggested as strong predictors of a blunt diaphragmatic rupture (Nchimi *et al.* 2005).

#### **2.4.4 Abdominal trauma**

In patients who are exposed to high-energy blunt trauma and who present without clinically evident symptoms with normal radiographs and normal abdominal ultrasonography, routine use of CT reveals many clinically relevant additional injuries (Deunk *et al.* 2009). The liver and the spleen are the most common organs involved in blunt abdominal trauma (Miller *et al.* 2002, Yao *et al.* 2002). The liver and spleen organ injury scales of the American Association for the Surgery of Trauma are presented in Tables 3 and 5. Table 4 presents a CT-based liver injury severity grading system. This grading system provides criteria for selecting patients for hepatic angiography and those at increased risk of ongoing or delayed hepatic bleeding or other posttraumatic complications (Poletti *et al.* 2000). Table 6 presents an MDCT-based spleen injury grading system. This grading system is helpful in predicting which patients will need either splenic arteriography or surgery (Marmery *et al.* 2007). Identification of splenic vascular injuries on MDCT and appropriate management of these injuries are critical to achieving successful non-operative management. Therefore, an injury grade based on the AAST injury scale cannot be used as the sole criterion for guiding management (Marmery *et al.* 2007).

The reported prevalence of liver trauma among patients admitted with blunt abdominal trauma ranges from 4.6% to 6% (Malhotra *et al.* 2000, Poletti *et al.* 2000). Furthermore, concomitant liver injuries can be detected by CT in up to 25% of patients suffering from a major trauma (mean injury severity score (ISS) 35) (Matthes *et al.* 2003). Liver laceration involving the bare area of the liver (the area not covered by the peritoneum) may be associated with hemoretroperitoneum rather than hemoperitoneum (Miele *et al.* 2002, Patten *et al.* 1993).

The vast majority of hemodynamically stable patients are managed nonoperatively. Avoiding surgery decreases abdominal infections, transfusions, and the length of the hospital stay (Malhotra *et al.* 2000). Criteria based on CT findings, including hepatic injury grade, signs of arterial vascular injury, and the presence or absence of major hepatic venous involvement, may assist in the selection of patients for hepatic angiography and in the prediction of the risk of

complications (Poletti *et al.* 2000). Intraperitoneal contrast extravasation and massive hemoperitoneum have been identified to independently predict the need for operative treatment in blunt liver trauma (Fang *et al.* 2006a).

Gastrointestinal injuries are rare, accounting for 1.8%–3.1% of all blunt abdominal traumas (Holmes *et al.* 2004, Watts *et al.* 2003). Small bowel injury is the most common type of gastrointestinal injury, affecting 1.1% of all blunt trauma patients, and the prevalence of perforated small bowel injury is only 0.3% (Fakhry *et al.* 2003, Watts *et al.* 2003). Stomach injury carries the highest mortality rate of 28.2%, but is also associated with the highest Injury Severity Score (ISS) (Watts *et al.* 2003).

The accuracy of CT in the diagnosis of gastrointestinal and mesenteric injuries still remains controversial. Reported sensitivities range from 76% to 95% and specificities from 48% to 96% in retrospective series (Atri *et al.* 2008, Elton *et al.* 2005, Holmes *et al.* 2004, Killeen *et al.* 2001). In prospective series sensitivities range from 64% to 95% and specificities from 97% to 99.6% (Allen *et al.* 2004, Butela *et al.* 2001). Suggested CT findings for bowel and mesenteric injuries are bowel wall defect, extraluminal contrast material, bowel wall thickening, mesenteric vessel beading, abrupt termination of mesenteric vessels, free fluid without solid organ injury, free air, mesenteric infiltration or streaking, focal hematomas of the bowel wall or mesentery, and mesenteric vessel extravasation (Allen *et al.* 2004, Atri *et al.* 2008, Butela *et al.* 2001, Ekeh *et al.* 2008, Scaglione *et al.* 2004). Delays in the diagnosis of perforated small bowel injury beyond 24 hours are directly responsible for increased morbidity and mortality rates (Fakhry *et al.* 2000, Fakhry *et al.* 2003).

CT scanning with oral contrast material is widely used in order to aid in the identification of bowel loops, in the recognition of bowel hematoma and hemorrhage, as well as in revealing spilling of contrast material outside the bowel lumen (Butela *et al.* 2001). However, extraluminal contrast material is a rare phenomenon (Atri *et al.* 2008, Fakhry *et al.* 2003). CT imaging without oral contrast material has shown to compare favorably with CT imaging using oral contrast material (Allen *et al.* 2004, Holmes *et al.* 2004).

**Table 3. AAST Liver Injury Scale (Moore et al. 1995).**

Grade <sup>a</sup>	Type	Description
I	Hematoma	Subcapsular, < 10% of surface area
	Laceration	Capsular tear, < 1 cm in parenchymal depth
II	Hematoma	Subcapsular, 10%–50% of surface area; intraparenchymal, < 10 cm in diameter
	Laceration	1–3 cm in parenchymal depth, < 10 cm in length
III	Hematoma	Subcapsular, > 50% of surface area or expanding or ruptured subcapsular hematoma with active bleeding; intraparenchymal, > 10 cm or expanding or ruptured
	Laceration	> 3 cm in parenchymal depth
IV	Hematoma	Ruptured intraparenchymal hematoma with active bleeding
	Laceration	Parenchymal disruption involving 25%–75% of a hepatic lobe or one to three Couinaud's segments within a single lobe
V	Laceration	Parenchymal disruption involving > 75% of a hepatic lobe or more than three Couinaud's segments
	Vascular	Juxtahepatic venous injuries (i.e., retrohepatic vena cava or central major hepatic veins)
VI	Vascular	Hepatic avulsion

<sup>a</sup>Advance one grade for multiple injuries up to grade III

**Table 4. CT-based injury severity of blunt liver trauma (Mirvis et al. 1989).**

Grade	Description
I	Capsular avulsion, superficial laceration(s) < 1 cm deep, subcapsular hematoma < 1 cm maximal thickness, periportal blood tracking only
II	Laceration(s) 1-3 cm deep, central/ subcapsular hematoma(s) 1-3 cm in diameter
III	Laceration(s) > 3 cm deep, central/ subcapsular hematoma(s) > 3 cm in diameter
IV	Massive central/ subcapsular hematoma > 10 cm, lobar tissue destruction (maceration) or devascularization
V	Bilobar tissue destruction (maceration) or devascularization

**Table 5. AAST Spleen Injury Scale (Moore et al. 1995).**

Grade <sup>a</sup>	Type	Description
I	Hematoma	Subcapsular, < 10% of surface area
	Laceration	Capsular tear, < 1 cm in parenchymal depth
II	Hematoma	Subcapsular, 10%-50% of surface area intraparenchymal, < 5 cm in diameter
	Laceration	Capsular tear, 1-3 cm in parenchymal depth that does not involve a trabecular vessel
III	Hematoma	Subcapsular, > 50% of surface area or expanding; ruptured subcapsular or parenchymal hematoma; intraparenchymal hematoma > 5 cm or expanding
	Laceration	> 3 cm in parenchymal depth or involving trabecular vessels
IV	Laceration	Laceration involving segmental or hilar vessels producing major devascularization (> 25% of spleen)
V	Laceration	Completely shattered spleen
	Vascular	Hilar vascular injury with devascularized spleen

<sup>a</sup>Advance one grade for multiple injuries up to grade III

**Table 6. MDCT-based spleen injury grade (Marmery et al. 2007).**

Grade	Description
I	Subcapsular hematoma < 1 cm thick, laceration < 1 cm in parenchymal depth, parenchymal hematoma < 1 cm in diameter
II	Subcapsular hematoma 1–3 cm thick, laceration 1–3 cm in parenchymal depth, parenchymal hematoma 1–3 cm in diameter
III	Splenic capsular disruption, subcapsular hematoma > 3 cm thick, laceration > 3 cm in parenchymal depth, parenchymal hematoma > 3 cm in diameter
IV A	Active intraparenchymal and subcapsular splenic bleeding, splenic vascular injury (pseudoaneurysm or arteriovenous fistula), shattered spleen
IV B	Active intraperitoneal bleeding

### 2.4.5 Retroperitoneal trauma

Retroperitoneal injuries occur in a minority of abdominal trauma patients (Porter & Singh 1998). The sensitivity of a 16- and 64-slice CT scanner for blunt pancreatoduodenal injury, pancreatic injury, and duodenal injury is 82.8%, 47.2%–79%, and 50%, respectively (Phelan et al. 2009, Velmahos et al. 2009). The sensitivity and specificity of CT for pancreatic ductal injury representing a high-grade injury is 52.4%–91% and 90.3%–94.8%, respectively (Phelan et al. 2009, Teh et al. 2007). Non-operative management of a low-grade pancreatoduodenal injury (i.e. contusion or laceration without duct injury) (Table

7)) is safe. However, due to its low sensitivity, CT cannot be considered a highly reliable decision-making tool (Phelan *et al.* 2009, Velmahos *et al.* 2009). Fortunately, diagnostic delays do not commonly cause disastrous outcomes (Velmahos *et al.* 2009). The pancreas organ injury scale of the AAST is presented in Table 7.

The prevalence of adrenal hemorrhage in trauma patients is approximately 2%. Adrenal injury presents as a part of a multiple trauma, with liver trauma as the most common lesion, and is associated with a higher mortality rate than in control patients (Burks *et al.* 1992, Rana *et al.* 2004). The right adrenal gland is more frequently injured (Burks *et al.* 1992, Pinto *et al.* 2006, Rana *et al.* 2004).

CT is routinely used to diagnose and characterize traumatic renal injuries. The AAST grading system for renal injuries has been validated and may be used to prognosticate both morbidity and mortality in renal injuries (Table 8) (Kuan *et al.* 2006). CT findings of active hemorrhage are strongly associated with the need for immediate surgical or angiographic intervention (Willmann *et al.* 2002). Conservative management of major blunt renal trauma is appropriate in hemodynamically stable patients (Bozeman *et al.* 2004). CT cystography is an expedient method for evaluating a bladder rupture, with 95%–100% sensitivity and 100% specificity (Chan *et al.* 2006, Deck *et al.* 2001). Gross hematuria with a pelvic rupture is an absolute indication for immediate cystography (Morey *et al.* 2001). Accurate identification of the type of bladder injury is of paramount importance. Surgical repair is required for an intraperitoneal rupture and combined intraperitoneal and extraperitoneal ruptures, whereas catheter drainage is appropriate for an extraperitoneal rupture (Chan *et al.* 2006).



**Table 7. AAST Pancreas Injury Scale (Moore *et al.* 1990).**

Grade <sup>a</sup>	Type	Description
I	Hematoma	Minor contusion without duct injury
	Laceration	Superficial laceration without duct injury
II	Hematoma	Major contusion without duct injury or tissue loss
	Laceration	Major laceration without duct injury or tissue loss
III	Laceration	Distal transection or parenchymal injury with duct injury
IV	Laceration	Proximal <sup>b</sup> transection or parenchymal injury involving ampulla
V	Laceration	Massive disruption of pancreatic head

<sup>a</sup>Advance one grade for bilateral injuries up to grade III

<sup>b</sup>Proximal pancreas is to the patients' right of the superior mesenteric vein

**Table 8. AAST Kidney Injury Scale (Moore *et al.* 1989).**

Grade <sup>a</sup>	Type	Description
I	Contusion	Microscopic or gross hematuria, urological studies normal
	Hematoma	Subcapsular, nonexpanding without parenchymal laceration
II	Hematoma	Nonexpanding perirenal hematoma confirmed to renal retroperitoneum
	Laceration	Parenchymal depth of renal cortex < 1.0 cm without urinary extravasation
III	Laceration	Parenchymal depth of renal cortex > 1.0 cm without collecting system rupture or urinary extravasation
IV	Laceration	Parenchymal laceration extending through the renal cortex, medulla, and collecting system
	Vascular	Main renal artery or vein injury with contained hemorrhage
V	Laceration	Completely shattered kidney
	Vascular	Avulsion of renal hilum that devascularizes the kidney

<sup>a</sup>Advance one grade for bilateral injuries up to grade III

## 2.5 Computed tomography in critically ill patients

### 2.5.1 Thoracic imaging

Bedside chest radiography is frequently an inadequate imaging tool for resolving complicated thoracic problems. The value of thoracic CT varies, mainly depending on the patient population and consequent changes in clinical management which have been regarded significant. In a general ICU setting, thoracic CT has revealed new clinically important findings not evident in chest radiography in 30% of examinations. From 22% to 26% of the findings have resulted in changes in clinical management (Miller *et al.* 1998, Roddy *et al.* 1981, White *et al.* 1999). With regard to ICU patients with multiple traumas, thoracic

CT has given significant additional information in 57%–70% of cases (Mirvis *et al.* 1987, Voggenreiter *et al.* 2000). ICU patients suffering from acute extremely severe respiratory failure and treated with extracorporeal membrane oxygenation present an extreme diagnostic challenge. This patient group has also benefited from thoracic CT, which has revealed complications in 19% of cases, directly impacting treatment (Lidegran *et al.* 2005). CT has proven superior to chest radiography in detecting pneumothorax, hemothorax, pericardial tamponade, mediastinal hematoma, pleural effusion, pulmonary abscess, pneumonia, postoperative fluid collection, and malignancy (Lidegran *et al.* 2005, Miller *et al.* 1998, Voggenreiter *et al.* 2000).

The diagnostic power of CT pulmonary angiography (CTPA) in detecting acute pulmonary embolism is well established (Hayashino *et al.* 2005). However, only a few studies deal with ICU patients. The incidence of deep venous thrombosis in the ICU population is estimated to be 9.6%–33% (Cook *et al.* 2005, Hirsch *et al.* 1995, Major *et al.* 2003). Pulmonary emboli have been diagnosed in only 6% of CTPA scans in ICU patients admitted for more than 24 hours (Licht *et al.* 2008). Up to 25% of CTPA scans may remain non-diagnostic due to poor contrast opacification, respiratory motion or other artifacts, and concomitant disease (Kelly *et al.* 2006). Risk factors associated with pulmonary emboli are head injury, spine injury with neurological impairment, and lower limb injury (Licht *et al.* 2008). Indirect CT venography may serve as an alternative to sonography in the evaluation of acute deep venous thrombosis (Kelly *et al.* 2006, Taffoni *et al.* 2005).

Thoracic CT has modified the view and understanding of the pathophysiology of acute respiratory distress syndrome (ARDS) (Gattinoni *et al.* 1986, Maunder *et al.* 1986). A reticular pattern, with a striking anterior distribution, is a frequent finding of follow-up CT after ARDS (Desai *et al.* 1999). Pulmonary thin-section CT findings suggestive of extensive abnormalities indicative of the fibroproliferative phase of diffuse alveolar damage are proposed to independently predict poor prognosis in patients with clinically early ARDS (Ichikado *et al.* 2006). Microbiologically provable ventilator-associated pneumonia (VAP) occurs more frequently in patients with ARDS than in other ventilator patients (Chastre *et al.* 1998). In patients with ARDS, thoracic CT has fair diagnostic accuracy for VAP. CT may help identify patients who do not have pneumonia, although no single radiological sign has proven to reliably predict the presence of pneumonia (Winer-Muram *et al.* 1998). Up to 27% of patients with negative or non-diagnostic CXR may present CT findings consistent with

pneumonia (Hayden & Wrenn 2009). In an appropriate clinical setting, CT may be either suggestive of an etiology of underlying pulmonary disease (e.g. Wegner granulomatosis, cryptogenic organizing pneumonia, or viral pneumonias) or it may help to narrow a list of alternative differential diagnoses (e.g. excluding *Pneumocystis jiroveci* pneumonia) (Franquet *et al.* 2003, Hidalgo *et al.* 2003, Kim *et al.* 2003, Lee *et al.* 2003, Wong *et al.* 2004). Patients with acute interstitial pneumonia are more likely to develop honeycombing and have a greater tendency to have a predominantly lower lung zone and bilateral symmetric distribution of parenchymal abnormalities than patients with ARDS. However, CT findings of acute interstitial pneumonia significantly overlap with those of ARDS (Tomiyama *et al.* 2001).

### **2.5.2 Abdominal imaging**

CT is the preferred imaging modality in the evaluation of post-operative abdominal sepsis and sepsis following major trauma (Go *et al.* 2005, Velmahos *et al.* 1999). The reported sensitivity and specificity of CT is 95%–97.5% and 61.5%–91%, respectively (Meeson *et al.* 2009, Velmahos *et al.* 1999). The predictive value of CT is even better for ICU patients than for patients on wards (Go *et al.* 2005). In a critically ill ICU patient who is suffering from an infection with multisystem organ failure cessation of antimicrobial therapy cannot be based on a resolution of clinical signs only. A CT examination is likely the most appropriate means for determining if cessation of therapy can be done (Solomkin & Mazuski 2009).

GB abnormalities are frequent in ICU patients (Boland *et al.* 2000) and are considered largely a manifestation of systemic critical illness (Laurila *et al.* 2005) associated with multiple organ dysfunction (Laurila *et al.* 2006). Acute acalculous cholecystitis (AAC) is a potentially fatal condition mainly affecting critically ill septic (Laurila *et al.* 2004), trauma (Pelinka *et al.* 2003), and postoperative patients (Kalliafas *et al.* 1998). Many imaging findings, including GB wall thickening, GB distension, intramural GB lucencies, pericholecystic fluid, GB sludge, and sonographic Murphy's sign, have also been associated with AAC, but have shown little value in predicting AAC (Boland *et al.* 2000, Puc *et al.* 2002). A GB wall thickness of more than 3–4 mm has been considered a major criterion of AAC (Bennett *et al.* 2002, Boland *et al.* 2000, Mariat *et al.* 2000, Mirvis *et al.* 1986, Pelinka *et al.* 2003, Puc *et al.* 2002). Subserosal edema is also widely considered a major criterion for imaging diagnosis of AAC (Fidler *et al.* 1996,

Kalliafas *et al.* 1998, Mirvis *et al.* 1986). Gas in the GB wall or lumen, an irregular or absent gallbladder wall, intraluminal membranes, pericholecystic abscess, and a lack of GB wall enhancement are postulated as specific CT findings of acute cholecystitis complicated by gangrene (Bennett *et al.* 2002).

## **2.6 Other imaging modalities**

### **2.6.1 Plain films**

Chest radiographs (CXR) are often routinely taken of patients receiving invasive mechanical ventilation to verify the right position of the endotracheal tube or central venous devices, and to diagnose complications such as ventilator-associated pneumonia (VAP), pulmonary edema, and pneumothorax (Clec'h *et al.* 2008). Reports supporting daily use of CXRs are based on the argument that a considerable amount of new major findings are discovered only by chest radiography (Brainsky *et al.* 1997, Hall *et al.* 1991). The major limitation of these studies is the lack of a control patient group. Recently published data strongly support abandonment of daily routine CXRs (Table 9). After a straightforward central venous catheter placement, routine CXR is not required (Bailey *et al.* 2000). The strategy of restrictive use of CXRs yields better diagnostic and therapeutic efficacies without any negative effect on the length of stay in the ICU, the outcome, or the readmission rate to the ICU (Clec'h *et al.* 2008, Hendrikse *et al.* 2007, Krivopal *et al.* 2003, Kroner *et al.* 2008, Mets *et al.* 2007). No effect on either chest CT or ultrasonography practice has been found either (Kroner *et al.* 2008). Furthermore, the reduction in the number of CXRs per patient per day results in a cost reduction (Hendrikse *et al.* 2007).

**Table 9. Use of daily chest radiographs in the ICU.**

Author	Number of patients	Efficacy of daily chest radiographs	Effect of restricted use on chest radiographs	Effect of restricted use on outcome or other imaging
(Brainsky et al. 1997)	80	Diagnostic efficacy 33% and therapeutic efficacy 8%		
(Chahine-Malus et al. 2001)	198	Therapeutic efficacy 17% - 26%	Therapeutic efficacy 40%	
(Krivopal et al. 2003)	94	Diagnostic efficacy 33.4% and therapeutic efficacy 13.3%	Diagnostic efficacy 53.1% and therapeutic efficacy 26.5%	No effect on patient outcome
(Graat et al. 2006)	754	Diagnostic efficacy 5.8% and therapeutic efficacy 2.2%		
(Mets et al. 2007)	338		Decrease in chest radiographs per patient day from 1.8 ± 0.6 to 1.1 ± 0.6	No effect on chest radiography practice in the post-ICU ward
(Hendrikse et al. 2007)	486	Diagnostic efficacy 4.4% and therapeutic efficacy 1.9%	Decrease in chest radiographs per patient day 35%	No effect on patient outcome
(Kroner et al. 2008)	1490		Decrease in chest radiographs per patient day from 1.1 ± 0.3 to 0.6 ± 0.4	No effect on chest CT and ultrasound practice
(Clec'h et al. 2008)	165	Diagnostic efficacy 7.2% and therapeutic efficacy 5.5%	Diagnostic efficacy 66% and therapeutic efficacy 56.4%	No effect on patient outcome

### 2.6.2 Sonography

Ultrasonography is employed in a prehospital setting by physicians, military medics, and emergency medical services personnel. Modern portable ultrasonography machines are feasible in the field for diagnosing conditions such

as pleural, peritoneal, and pericardial effusion and deep venous thrombosis (Busch 2006, Lapostolle *et al.* 2006, Walcher *et al.* 2006).

Ultrasonography is a versatile bedside imaging modality in the ICU. Major advantages are the lack of ionizing radiation and the ability to guide interventional procedures. However, certain anatomical areas are difficult to visualize, and their examination can be hampered by wounds, surgical dressings, drains, and the presence of an ileus (Go *et al.* 2005). ICU physicians use ultrasonography to assess pleural effusion, lung consolidation, and even lung re-aeration and the presence of pneumothorax (Bouhemad *et al.* 2010, Lichtenstein *et al.* 2004, Zhang *et al.* 2006). Cardiac assessment is also routinely performed with ultrasonography (Jensen *et al.* 2004).

The main application for sonography in trauma patients is detection of free fluid. Unfortunately, even in the skilled hands of trauma team radiologists, this examination, known by the acronym FAST (focused assessment with sonography for trauma), cannot reliably exclude intra-abdominal bleeding in hemodynamically unstable patients (Gaarder *et al.* 2009). Contrast-enhanced ultrasonography (CEUS) appears to be both more sensitive and more specific than sonography in the detection of solid organ injury (Catalano *et al.* 2009, McGahan *et al.* 2006, Valentino *et al.* 2006). Further research is needed to find out if CEUS has the potential to reduce the use of CT as a screening method.

### **2.6.3 Magnetic resonance imaging**

MRI is the modality of choice for imaging the central nervous system and spinal soft tissues. Ligamentous injury of the thoracolumbar spine without bony injury occurs extremely rarely (Hirsh *et al.* 1993, Koizumi *et al.* 2002, Van Buul & Oner 2009). The indications for MRI of the thoracolumbar spine after blunt trauma are fractures with neurologic deficits, CT scan findings, and pain on clinical examination without radiographic abnormalities concerning ligamentous injury (MacMillan & Stauffer 1990). A NPV of 100% for correctly depicting true negative findings warrants the use of MRI for clearing the cervical spine in a clinically suspicious blunt trauma patient (Albrecht *et al.* 2001, D'Alise *et al.* 1999, Koivikko & Koskinen 2008, Menaker *et al.* 2008). MRI readily depicts the presence of a diffuse axonal injury, which is the most common primary lesion in patients with traumatic brain injury and which may be the most common cause of a poor outcome (Parizel *et al.* 1998, Parizel *et al.* 2005). Furthermore, MRI may be used as a complementary imaging modality with CT, e.g. in trauma patients

with iodinated contrast agent allergy and impaired renal function (without gadolinium contrast agent) (Leppaniemi *et al.* 1995).

## **2.7 Radiologists as part of a multidisciplinary team**

The chest radiograph is considered one of the most complex imaging modalities to interpret. Emergency department physicians frequently miss specific radiographic abnormalities and there is considerable discrepancy between their interpretations and those of trained radiologists (Gatt *et al.* 2003). Cooperation between emergency physicians and radiologists reduces errors in interpretation of radiographs and potential adverse events due to misdiagnoses (Espinosa & Nolan 2000). The majority of errors made by radiologists are false negative interpretations, and they occur during CT image interpretation. A significant proportion of errors result from departmental miscommunication (McCreadie & Oliver 2009). When a radiologist is doing a FAST on a trauma patient, he becomes well informed of the details of the accident and further treatment plans for the patient. Clinical-radiological consultations are time-consuming (21.65 minutes per day per radiologist or 13% of a 24-hour period for the attending radiologist), but they have a beneficial diagnostic and therapeutic impact on patient care (Dalla Palma *et al.* 2000, Viscomi *et al.* 2004).

## **2.8 Statistical measures**

Sensitivity (Se) measures the proportion of actual positives that are correctly identified as such. Specificity (Sp) measures the proportion of negatives that are correctly identified. Accuracy is the proportion of true results (both true positives and true negatives).

**Table 10. Test T.**

		Disease D	
		D+*	D-**
T+		True positive	False positive
T-		False negative	True negative
		D+	D-
T+***		a	b
T-****		c	d
Sensitivity	$Se = Pr (T+   D+) = a / (a + c)$		
Specificity	$Sp = Pr (T-   D-) = d / (b + d)$		
Accuracy	$(a + d) / (a + b + c + d)$		

\*D+ = Patient has the disease D

\*\*D- = Patient does not have the disease D

\*\*\*T+ = Result of the test T is positive

\*\*\*\*T- = Result of the test T is negative



### **3 Purpose of the study**

The purpose of this study was to assess the significance of Multi-Detector Computed Tomography in diagnostics and treatment decisions concerning multiple trauma and critically ill patients. Particular interest was focused on the following questions:

1. Is MDCT using a dedicated trauma protocol reliable and able to provide sufficient diagnostic information about blunt multiple trauma patients to enable planning of treatment for all body compartments?
2. How reliable and accurate is a rapid, structured evaluation of MDCT images from the scanner's console in multiple trauma patients?
3. How often do MDCT examinations lead to a change in treatment and have some other impact on clinical decision-making concerning ICU patients?
4. Does MDCT provide useful information about AAC in ICU patients?



## 4 Patients and methods

### 4.1 Study population

This study was conducted at Oulu University Hospital, which is a tertiary-level teaching hospital with over 100,000 treated patients per year. The mixed medical-surgical ICU was a 12-bed unit with approximately 940 admissions per year. The general demographic data of the patients in the original articles are presented in Table 11.

In retrospective study I, all the patients from October 2001 through November 2002 who were suspected of being a victim of high-energy trauma and who were scanned with MDCT using the standardized multiple trauma protocol were eligible for the study. Hemodynamically unstable patients were not appropriate for MDCT scanning. The criteria of a high-energy trauma were based on the indications listed by Grande & Stene (1991), (Appendix, Table 19). The same inclusion criteria were applied prospectively in study II to high-energy trauma patients from April 2002 to December 2002. The availability of raw data that enabled evaluation of MDCT images from the scanner's screen was also an inclusion criterion.

In study III, from February 2004 through November 2004, all the consecutive patients who stayed in the ICU for more than 48 h and underwent MDCT were entered into the study prospectively. Neurosurgical patients and head scans were excluded. MDCT examinations were conducted when clinical data, radiography, and ultrasonography were inconclusive or were not considered reliable enough for decision-making. The indications for MDCT included a need to identify a possible focus of infection, a suspected malignancy, or deteriorating organ function (e.g. respiratory or gastrointestinal) in cases where both clinical information and other radiological imaging modalities (plain radiography or ultrasonography) were inconclusive.

In retrospective study IV, patients admitted to the ICU from January 2001 through December 2006 who had undergone abdominal computed tomography scanning were entered into the study. The AAC group consisted of patients who had undergone CT scanning within 72 hours before open cholecystectomy due to suspected AAC. Patients in a similar age group admitted to the ICU during the same period of time and having undergone abdominal computed tomography served as controls. The control patients had neither undergone cholecystectomy

before their admission nor during their ICU stay. Indications for open cholecystectomy due to AAC in our ICU were based on the patients' clinical status, radiological examinations (ultrasonography, CT), and laboratory tests, and were made by a multi-specialist ICU team (intensivist, GE surgeon, and infectious disease specialist).

**Table 11. General demographic data of the patients and study design in the original articles.**

Study	Study design	N (male/female)	Age, years mean (range)[SD]	CT examinations	Scanned area
I	retrospective	133 (101/32)	35 (6–80) male 41 (5–92) female	133	Head, facial bones, cervical spine, thorax, abdomen, and pelvis
II	prospective	40 (32/8)	38 (7–92)	40	Thorax, abdomen, and pelvis
III	prospective	64 (46/18)	57.3 [14.5]	82	Paranasal sinuses, neck, thorax, abdomen, pelvis, and upper thigh
IV	retrospective	127 (91/36)	63 (17-83)	127	Abdomen

## 4.2 Main outcome variables and parameters

For studies I and II, medical records were reviewed for age, gender, and mechanism of injury. For study I, MDCT findings related to trauma were retrieved from radiological reports. These findings were compared with radiological imaging follow-up studies, operative findings, and the clinical follow-up. For evaluation of the radiological imaging data, the body was divided into five compartments: 1) head, 2) thorax including ribs, clavicles, and scapulas, 3) abdomen, 4) urinary system and retroperitoneum, and 5) spine and pelvic bones.

In study II, MDCT findings related to trauma were evaluated in a rapid screening test lasting a maximum of five minutes. The screening findings were compared with the final radiological diagnosis of the MDCT data made by experienced trauma radiologists, the operative findings, and the clinical follow-up. In the evaluation of the data, the body was divided into four compartments: 1) the

thorax, including the ribs, 2) the abdomen, 3) the urinary system combined with the retroperitoneum, 4) and the spine combined with the pelvic bones, scapula, clavicles, and hips.

In study III, for each examination a prospective assessment of the impact of the MDCT findings on the patient's treatment was made by a multidisciplinary evaluation group, who reviewed the decisions made by the attending physician in each case. The treatment interventions following the MDCT examination were classified as surgical intervention, percutaneous intervention, change in antimicrobial medication, withdrawal of active treatment, or other change in treatment. The need for additional examinations was also noted. Possible adverse events during transportation to and from the MDCT suite were verified. Radiocontrast-induced nephropathy was defined as a 25% increase in creatinine from the baseline level at 48 h or a need for renal replacement therapy after exposure to the radiocontrast medium.

In study IV the following data were extracted from the hospital records and the ICU's data management system (Centricity Critical Care Clinisoft®, GE Healthcare, Helsinki, Finland): age, sex, admission diagnosis, outcome, Acute Physiology and Chronic Health Evaluation (APACHE) II score, Simplified Acute Physiology Score (SAPS) II and Sequential Organ Failure Assessment (SOFA) score on the date when the CT scanning was performed, and the length of stay in the ICU. C-reactive protein, white blood cell count, the results of liver function tests, the use of opioids, corticosteroids, vasoactive, and sedative drugs were recorded as well. Failure of the respiratory, cardiovascular, renal, coagulation, hepatic, or central nervous organ system was defined as a SOFA score  $\geq 3$ , according to Vincent *et al.* (Vincent *et al.* 1996, Vincent *et al.* 1998). The CT images were reviewed for the following findings: bile density, thickness and enhancement of the GB wall, subserosal edema, greatest perpendicular diameters of the GB, width of extra hepatic bile ducts, gas within the gall bladder, ascites, peritoneal fat edema, and diffuse tissue edema. The operative findings for the GB were retrieved from medical records.

### **4.3 Imaging methods**

#### **4.3.1 Multiple blunt trauma patients (studies I and II)**

The MDCT scans were obtained with a 4-row MDCT scanner (Toshiba Aquilion; Toshiba Medical Systems; Tokyo, Japan). The standardized imaging protocol consisted of axial scanning of the head and helical scanning of the facial bones, cervical spine, thorax, abdomen, and pelvis. The scanning parameters for the head were 2 mm collimation, 4 mm image thickness at the level of the skull base, and 8 mm image thickness above the skull base, 120 kV, 300 mAs, and 1.5 s gantry rotation time. The cervical spine was examined from the occipital condyles to T1, using 1 mm collimation, 1 mm image thickness, 1 mm overlapping, pitch of 5.5, 120 kV, 150 mAs, and 0.5 s gantry rotation time. If there was a suspicion of facial trauma, cervical spine scanning was extended above the orbits.

First the patient's upper extremities were kept adjacent to the body, but before the scanning of the thorax and abdomen they were moved adjacent to the head. The scanning of the thorax, abdomen, and pelvis was performed with 2 mm collimation, 3 mm image thickness, 2 mm overlapping, pitch of 5.5, 120 kV, 150 mAs, and 0.5 s gantry rotation time. One hundred and forty ml of contrast material was administered intravenously at 3 ml/s (Ultravist 300 mg I/ml; Schering, Berlin, Germany). In all the patients, the delay from initiation of the bolus injection to the start of scanning was 50 s. None of the patients received oral contrast material. In the case of younger and smaller patients, the tube current and the volume of intravenously administered contrast material were reduced according to the patient's body weight.

Images for evaluation on the scanner's console were reconstructed using the real-time image reconstruction (RTIR) technique. With the RTIR technique, the image is initially reconstructed from the complete 360° data set on the first rotation of the scanning. After this, image data are updated at every 60° of rotation. This yields 12 image frames per second using a 256 x 256 matrix, and 8 image frames per second using a 512 x 512 matrix.

#### **4.3.2 Intensive care unit patients (studies III and IV)**

In study III the MDCT scans were obtained with a four-row MDCT scanner (Toshiba Aquilion; Toshiba Medical Systems; Tokyo, Japan). The neck, thorax, and abdomen were scanned with 2 mm collimation, 1.5–2 mm overlapping, 5.5

pitch, 120 kV, and 0.5 s gantry rotation time. Tube current and the dose of intravenously administered non-ionic contrast material (Visipaque<sup>®</sup> 270 mgI/ml, or Omnipaque<sup>®</sup> 300 mgI/ml; GE Healthcare; London, UK, or Ultravist<sup>®</sup> 300 mgI/ml; Berlin, Germany; 100–140 ml) were adjusted according to the patient's body weight and the scanned anatomical area. The delay from the start of the bolus injection to the initiation of scanning was 40–50 s for the neck, 40–60 s for the thorax, and 70–80 s for the abdomen. In patients with impaired renal function, in addition to adequate fluid expansion with intravenous saline, N-acetylcystein was administered before and after the scanning, and iodixanol (Visipaque<sup>®</sup>) was used as the contrast agent.

In study IV, CT scans were obtained using the helical technique with either a one-row (HiSpeed, General Electric Medical Systems, Milwaukee, WI), a four-row (Toshiba Aquilion, Toshiba Medical Systems, Tokyo, Japan), or a 16-row scanner (LightSpeed, General Electric Medical Systems, Milwaukee, WI). The patients received non-ionic contrast material unless it was contraindicated (e.g. due to previous severe allergic reaction or severely impaired renal function). Slice thickness varied from 1.2 mm to 5 mm.

#### **4.4 Image assessment**

In study I the image data were evaluated on a PACS workstation equipped with a multiplanar reformatting tool using three different window settings: lung (WW 2000, WL 2700), soft tissue (WW 400, WL 40), and bone (WW 2000, WL 350). If the MDCT examination was conducted outside office hours, an experienced senior radiologist verified the examination and the final report and produced a complementary report, if needed.

In study II the images were scrolled on the scanner's console, and two board-certified trauma radiologists and four resident radiologists with 4 to 6 years of experience did a prospective structured evaluation of the traumatic lesions. The same window settings were used as in study I. A structured, multiple-choice injury report covering all organ systems was completed and given to the attending physician before the trauma team left the MDCT room. In order to minimize diagnostic delay in the treatment of potentially life-threatening injuries, screening time was limited to 5 min. The final radiological diagnosis of the MDCT data was made on a PACS workstation (EasyVision 4.4 or ViewForum 4.1; Philips; Eindhoven, The Netherlands) by the attending radiologist. If the attending

radiologist was a resident, then a senior radiologist verified the diagnosis during office hours.

In study III the MDCT report was made by an experienced radiologist based on an evaluation of the images on a PACS workstation. For study IV the computed tomography images were recalled from the digital image archive and reviewed separately by two experienced abdominal radiologists (L.A. and A.J.) using a PACS workstation (Advantage Workstation 4.3, General Electric Medical Systems, Waukesha, WI). The reviewers were blinded from the surgical operative findings and clinical parameters, but were aware that all the patients were treated in the ICU, and that among them were patients with AAC. The reviewers analyzed the CT images, identifying or measuring the following findings: bile density, thickness and enhancement of the GB wall, subserosal edema, greatest perpendicular diameters of the GB, width of extra hepatic bile ducts, gas within the gall bladder, ascites, peritoneal fat edema, and diffuse tissue edema.

#### **4.5 Statistical analysis**

The data in the present study were analyzed using cross-tabulation. The sensitivity and specificity of the MDCT examinations were calculated in studies I, II, and IV, and accuracy in study I.

In study III the data were presented as means and standard deviations (SD) or as medians and 25<sup>th</sup> and 75<sup>th</sup> percentiles, as appropriate, and comparisons between the groups were done by  $\chi^2$  test.

In study IV, summary measurements were presented as means with standard deviation (SD) or as medians with 25<sup>th</sup> and 75<sup>th</sup> percentiles. Analysis of variance (ANOVA) or the Kruskal-Wallis test (the latter with non-normal data) was used when comparing continuous variables between the control group and different operative findings (normal, edemic AAC, and necrotic or perforated AAC). Categorical data were analyzed using the Chi-square test or Fisher's exact test. Spearman's correlation coefficient ( $\rho$ ) was calculated. Two-tailed P-values were presented. The analyses were conducted using SPSS (version 16.0, SPSS inc., Chicago, Ill.).



## **5 Results**

### **5.1 Main clinical results (I–IV)**

Ninety-nine out of 133 patients (74%) had at least one MDCT finding consistent with trauma when the criteria of high-energy trauma were fulfilled. Nineteen patients (14%) had additional findings unrelated to trauma, and 34 (26%) had normal findings. The overall sensitivity of MDCT was 94%, specificity 100%, and accuracy 97% (I). Evaluation from the scanner's console enabled rapid diagnosis of all potential life-threatening injuries, the sensitivity for all injuries being 60% and specificity 98% (II).

Fifty out of 82 MDCT examinations (61%) resulted in a change in treatment in patients with a general ICU stay longer than 48 h. Twenty examinations (24%) were regarded as otherwise necessary for clinical decision-making, although no change in treatment was indicated. Twelve examinations (15%) failed to provide any additional information relevant to the patient's treatment (III).

Abnormal CT findings in the gallbladder were present in 96% of the ICU patients. Higher bile density in the gallbladder body and subserosal edema were associated with an edematous gallbladder (Sp 93.6%, Se 23.1%). The most specific findings predicting necrotic AAC were gas in the gallbladder wall or lumen, lack of gallbladder wall enhancement, and edema around the gallbladder (Sp 99.2%, 94.9%, and 92.4%, and Se 11.1%, 37.5%, and 22.2%, respectively) (IV).

### **5.2 Accuracy of computed tomography in multiple trauma diagnostics (I)**

The MDCT findings consistent with trauma were divided into five separate compartments and presented in Table 12. Two patients (2%) underwent craniotomy immediately after the MDCT examination. There were no thoracic injuries requiring thoracotomy. Nine spleen lacerations included two grade I, four grade II, and three grade III injuries. Ten renal lacerations included two grade II, three grade III, one grade IV, and one grade V injury. Three renal injuries were not graded. Six liver lacerations included two grade II, three grade III, and one grade IV injury. Seven patients (5%) underwent laparotomy immediately after the MDCT examination. MDCT revealed several injuries in these patients, and all of

them had free fluid in the abdominal cavity. In a later phase (1–4 days), three patients (2%) underwent laparotomy due to symptoms and clinical findings of peritonitis: all of these patients had an intestinal rupture that had gone undetected in the primary MDCT examination.

Forty-two patients (32%) had findings in a single compartment, and altogether 57 of the 133 patients (43%) had injuries in two or more compartments. Thirty-three patients (25%) had injuries in two compartments, 17 patients (13%) in three compartments, five patients (4%) in four compartments, and two patients (2%) in all five compartments.

Follow-up examinations, surgery, and clinical outcome revealed 19 false negative findings and two false positive findings (Table 13). Follow-up MDCT examinations, especially of the head, revealed several findings that had developed or progressed after the first and second surveys. Progressive findings of the head were seen in 11 patients (8%) with three new subdural hematomas.

**Table 12. MDCT findings in patients exposed to high-energy trauma.**

	Head 37/133 (28%)	Thorax 58/133 (44%)	Abdomen 29/133 (22%)	Retroperitoneal space 18/133 (14%)	Spine and pelvic bones 43/133 (32%)
Contusion	18/37 (14%)				
Intracranial hematoma	14/37 (11%)				
Skull fracture	14/37 (11%)				
Facial bone fracture	10/37 (8%)				
Hemothorax		23/58 (17%)			
Rib fracture		23/58 (17%)			
Pneumothorax		11/58 (8%)			
Pulmonary contusion		11/58 (8%)			
Clavicular fracture		8/58 (6%)			
Scapular fracture		3/58 (2%)			
Pneumo- mediastinum		1/58 (1%)			
Hemoperitoneum			12/29 (9%)		
Hematoma adjacent to the liver			10/29 (8%)		
Hematoma adjacent to the spleen			10/29 (8%)		
Spleen laceration			9/29 (7%)		
Liver laceration			6/29 (5%)		
Intestinal contusion			1/29 (1%)		
Intestinal perforation			1/29 (1%)		
Kidney laceration				10/18 (8%)	
Hematoma adjacent to the kidney				8/18 (6%)	
Retroperitoneal hematoma				7/18 (5%)	
Urinary bladder rupture				2/18 (2%)	
Kidney infarction				1/18 (1%)	
Scrotal contusion				1/18 (1%)	
Spine fracture					29/43 (22%)
Pelvic fractures					16/43 (12%)

**Table 13. False negative and false positive findings.**

	False negative (n = 19)	False positive (n = 2)	Reference
Spinal fracture	5 (4 %)		Control MDCT
Spinal fracture	1 (1 %)		Review of primary MDCT
Intestinal rupture	3 (2 %)		Laparotomy
Liver laceration	1 (1 %)		Laparotomy
Liver laceration	1 (1 %)		Ultrasound
Rib fracture	2 (2 %)		Chest radiography
Clavicular fracture	1 (1 %)		Chest radiography
Heart contusion	1 (1 %)		Autopsy
Hemoperitoneum	1 (1 %)		Ultrasound
Intestinal contusion	1 (1 %)		Laparotomy
Pancreatic contusion	1 (1 %)		Laboratory findings
Skull fracture	1 (1 %)		Autopsy
Intestinal perforation		1 (1 %)	Laparotomy
Spleen laceration		1 (1 %)	Laparotomy

### 5.3 Reliability of computed tomography in rapid screening of multiple traumas (II)

Among the 40 patients in this study, nine had no findings and 31 had at least one finding consistent with trauma. Correctly diagnosed findings were seen in 141 compartments (88%) in 25 patients (62%), including 24 true positive findings and 117 true negative findings (Table 14). Misdiagnosed findings were seen in 19 compartments (12%) in 15 patients (38%) (Table 15).

Four interventions were performed immediately after the MDCT scanning, and these patients were transferred directly to the operation or angiography suite. These interventions included one fixation of thoracic spine fractures, two laparotomies, and one angiography and embolization due to continuous bleeding from the internal pudendal arteries. There were no misdiagnosed injuries in these cases. None of the findings missed in the initial structured evaluation from the scanner's console required immediate intervention, and no deterioration in patient condition due to diagnostic delay was observed.

**Table 14. Number of true and false findings by compartments as evaluated from the scanner's screen, and sensitivity (Se) and specificity (Sp) of the evaluation.**

Compartment	True positive	True negative	False positive	False negative	Se	Sp
Thorax*	8 (20 %)	22 (55 %)	2 (5 %)	8 (20 %)	0.50	0.92
Abdomen	6 (15%)	31 (77.5%)	1 (2.5%)	2 (5%)	0.75	0.97
Retro-peritoneum	2 (5%)	37 (92.5%)	0 (0%)	1 (2.5%)	0.67	1.00
Spine and bones	8 (20%)	27 (67.5%)	0 (0%)	5 (12.5%)	0.62	1.00
Total	24 (15%)	117 (73.1%)	3 (1.9%)	16 (10%)	0.60	0.98

\*Thorax includes the ribs

**Table 15. Misdiagnosed false negative (FN) and false positive (FP) findings in 15 patients.**

	FN	FP
Thorax	8	2
Abdomen	2	1
Retroperitoneum	1	0
Spine	5	0

#### **5.4 Effect of computed tomography on the treatment of ICU patients (III)**

During the study period there were a total of 619 ICU admissions, and 343 of them lasted more than 48 h. Sixty-four of these patients (19%) underwent prospectively 82 MDCT examinations covering altogether 154 anatomical areas. Fifty of the 82 (61%) examinations resulted in a new treatment intervention directly or after additional examinations. Bronchoscopy and surgical biopsy were the most common additional examinations. Eight patients underwent two and one patient three changes in treatment, which means altogether 60 changes in treatment were made. Surgical intervention was the most frequent intervention (22/60), followed by percutaneous intervention (16/60) and a change in antimicrobial treatment (15/60) (Table 16). Laparotomy was the most frequently performed surgical intervention (15/22), followed by abscess drainage (4/22) and thoracotomy or thoracoscopy (3/22). The following percutaneous interventions were performed: eight pleural drainages, five gallbladder punctures, two abscess drainages, and one maxillary sinus puncture. The frequency of new treatment

interventions was similar (63% vs. 61%) both in the 16 MDCT examinations requested by the authors and in the 66 requested by other physicians.

Twenty (24%) MDCT examinations did not lead to changes in treatment or to additional examinations. In these cases the focus of infection or other clinical suspicion was verified, or the examination was otherwise regarded as informative for the requesting physician. Moreover, 12 MDCT examinations (15%) failed to provide any additional information relevant to the patient's treatment.

Thirty-nine percent (60/154) of the scans of individual anatomical areas resulted in a change in treatment; a scan of the thorax in 33%, a scan of the abdomen in 47%, and a scan of other anatomical areas in 47% of the cases (Table 16). Surgical interventions were more common after scans of the abdomen than after scans of the thorax (23% vs. 4%  $P = 0.001$ ,  $\chi^2$  test), while there were no differences in the proportion of scans that led to changes in antimicrobial therapy following abdominal or thoracic scans (9% vs. 11%,  $P = 0.786$ ,  $\chi^2$  test) (Table 16).

**Table 16. Change in treatment after 154 scans of different anatomical areas [n (%)].\***

Treatment	Total 154	Thorax 73	Abdomen 64	Other anatomical area 17
Surgical intervention	22 (14.3%)	3 (4.1%)	15 (23.4%)	4 (23.5%)
Percutaneous or paranasal intervention	16 (10.4%)	8 (11.0%)	6 (9.4%)	2 (11.8%)
Change in anti-microbial treatment	15 (9.8%)	8 (11.0%)	6 (9.4%)	1 (5.9%)
Withdrawal of active treatment <sup>1</sup>	3 (1.9%) <sup>1</sup>	2 (2.7%) <sup>1</sup>	3 (4.7%) <sup>1</sup>	0
Anticoagulation	2 (1.3%)	2 (2.7%)	0	0
Enhancement of diuresis <sup>2</sup>	1 (0.6%)	1 (1.4%)	0	0
Weaning from mechanical ventilation <sup>3</sup>	1 (0.6%)	0	0	1 (5.9%)
	60/154 (39.0%)	24/73 (32.9%)	30/64 (46.9%)	8/ 17 (47.1%)

\*Eight patients underwent two and one patient three changes in treatment

<sup>1</sup>Decision was based on combined thoracic and abdominal findings in two cases

<sup>2</sup>Reason was pulmonary edema, chest radiography was inconclusive due to pneumonia

<sup>3</sup>Followed resolving neck abscess

## 5.5 Accuracy of computed tomography on AAC (IV)

During the study period of 72 months, 4454 adult patients were admitted to the ICU. A total of 110 of these patients underwent cholecystectomy due to AAC suspected either preoperatively or during the laparotomy. Altogether 43 patients underwent abdominal CT scanning less than 72 hours prior to cholecystectomy. CT scanning and cholecystectomy were performed on the same day on 15 patients. CT scanning was performed on 20 patients on the previous day, on six patients two days, and on two patients three days before cholecystectomy. Indications for the laparotomy were: suspicion of AAC in 17/ 43 (39.5%) patients, suspicion of both colitis and AAC in 6/ 43 (14.0%) patients, and a reason other than AAC in 20/ 43 (46.5%) patients. Eighty-four ICU patients were selected as controls. In 61% of the patients (78/127), the indication to perform CT scanning was to identify a suspected focus of infection; in 31%, to evaluate inconclusive sonographic or plain abdominal radiographic findings (40/127); in 4%, to evaluate a suspected malignant tumor (5/127); and in 3%, to identify traumatic lesions (4/127). CT images were recalled from the digital image archive in 121 cases and read from film in six cases. In one case only non-enhanced CT scanning was performed due to existing acute renal failure.

Based on the operative findings, 8/43 of the gallbladders were regarded as normal, 26/43 presented an edematous GB, and 9/43 presented necrotic AAC. The patients presenting an edematous GB had received higher median doses of oxycodonehydrochlorid (139.2 mg [25th-75th pct 62.6 mg–253.7 mg]) prior to imaging than had the patients with necrotic AAC (44.4 mg [12.0 mg–425.8 mg]), the control patients (33.3 mg [15.5 mg–110.5 mg]), or the patients with a normal GB (10.0 mg [5.0 mg–79.1 mg]),  $P = 0.027$ . The doses of propofol or corticosteroidal drugs did not show a statistically significant difference between the study groups.

The SOFA scores of the cardiovascular system were higher in the patients presenting an edematous GB (3.0 [1.0–3.5]) than in the control patients (1.0 [0.0–3.0]),  $P = 0.009$ . In addition, the total SOFA scores tended to be higher with the patients presenting an edematous GB (9.0 [7.0–12.0]) than with the control study group (7.0 [4.0–10.0]),  $P = 0.05$ . The SAPS II and APACHE II scores were comparable between the study groups.

Totally normal CT scans were obtained from 4% of the patients (5/127), and in 17% of the patients (21/127) there was a lack of any findings localized in or adjacent to the GB. None of these patients presented an edematous GB or necrotic

AAC in the operation. The localized CT findings with both categorical and continuous variables are shown in Table 17. GB wall thickness > 3 mm in the neck, GB width, gas in either the lumen or wall of the GB, and GB wall thickness > 3 mm in the fundus showed statistically the most significant differences between the patient groups, with P-values of 0.009, 0.012, 0.017, and 0.017, respectively. There was no significant correlation between bile density values and length of ICU stay prior to CT scanning. General CT findings (ascites, peritoneal fat edema, and diffuse tissue edema) not localized adjacent to the GB are shown in Table 18.

The highest specificity of the CT findings for necrotic AAC in our series were gas in the GB wall or lumen (99.2%), lack of GB wall enhancement (94.9%), and edema around the GB (92.4%). The sensitivities of these CT findings for necrotic AAC were 11.1%, 37.5%, and 22.2%, respectively.

**Table 17. Localized CT Findings in the Study Patients.**

Categorical Variables, Positive Findings/ Total Number of Cases (percent)					
CT finding	Control patients	Normal gallbladder	Edematous gallbladder	Necrotic AAC	P-value
Subserosal edema	6/84 (7.1)	0/8	6/26 (23.1)	0/9	0.11
Localized edema around the GB	4/84 (4.8)	2/8 (25.0)	3/26 (11.5)	2/9 (22.2)	0.041
Local fluid around the GB	16/84 (19.0)	1/8 (12.5)	6/26 (23.1)	3/9 (33.3)	0.71
Gas in the lumen/ in the wall of the GB	0/84	1/8 (12.5)	0/26	1/9 (11.1)	0.017
Lack of GB wall enhancement	4/84 (4.8)	1/8 (12.5)	1/26 (3.8)	3/8 (37.5)	0.018
GB wall thickness > 3 mm in the neck	5/84 (6.0)	1/8 (12.5)	7/26 (26.9)	2/8 (25.0)	0.009
GB wall thickness > 3 mm in the fundus	8/84 (9.5)	1/8 (12.5)	9/26 (34.6)	2/8 (25.0)	0.017
GB wall thickness > 3 mm in the body	9/84 (10.7)	1/8 (12.5)	9/26 (34.6)	2/8 (25.0)	0.028



Continuous Variables in the Study Patients, median (25th-75th pct)					
CT finding	Control patients	Normal gallbladder	Edematous gallbladder	Necrotic AAC	P-value
GB length (cm)	9.0 (7.4-10.5)	9.0 (6.9-10.9)	10.2 (8.2-11.0)	10.6 (9.4-11.8)	0.16 <sup>1</sup>
GB width (cm)	3.8 (2.9-4.6)	4.9 (3.6-5.0)	4.2 (3.4-4.9)	4.9 (4.5-5.4)	0.012 <sup>1</sup>
Choledochus width (mm)	5.0 (4.3-6.3)	4.5 (4.0-6.3)	5.3 (4.5-7.0)	5.5 (4.0-6.5)	0.81
Median bile density in the fundus of the GB (HU)	8 (3-16)	1 (-1-3)	16 (8-29)	8 (5-10)	0.10 <sup>2</sup>
Median bile density in the body of the GB (HU)	13 (7-24)	6 (4-8)	22 (12-41)	10 (6-15)	0.044 <sup>2</sup>
Median bile density in the neck of the GB (HU)	18 (12-30)	11 (10-11)	30 (13-41)	18 (9-23)	0.14 <sup>2</sup>

<sup>1</sup> Comparison between control patients and necrotic AAC

<sup>2</sup> Comparison between an edematous gallbladder and necrotic AAC

**Table 18. General CT Findings in the Study Patients, Positive findings/ Total number of cases (percent).**

CT finding		Control patients	Normal gallbladder	Edematous gallbladder	Necrotic AAC	P-value
Ascites	-	30/84 (35.7)	3/8 (37.5)	6/26 (23.1)	0/9 (0.0)	0.21
	+	28/84 (33.3)	2/8 (25.0)	11/26 (42.3)	4/9 (44.4)	
	++	24/84 (28.6)	2/8 (25.0)	7/26 (26.9)	4/9 (44.4)	
	+++	2/84 (2.4)	1/8 (12.5)	2/26 (7.7)	1/9 (11.1)	
Peritoneal fat edema	-	32/84 (38.1)	3/8 (37.5)	5/26 (19.2)	1/9 (11.1)	0.07
	+	28/84 (33.3)	1/8 (12.5)	7/26 (26.9)	4/9 (44.4)	
	++	21/84 (25.0)	4/8 (50.0)	10/26 (38.5)	2/9 (22.2)	
	+++	3/84 (3.6)	0/8 (0.0)	4/26 (15.4)	2/9 (22.2)	
Diffuse tissue edema	-	14/84 (16.7)	3/8 (37.5)	3/26 (11.5)	1/9 (11.1)	0.48
	+	43/84 (51.2)	4/8 (50.0)	14/26 (53.8)	4/9 (44.4)	
	++	21/84 (25.0)	0/8 (0.0)	5/26 (19.2)	2/9 (22.2)	
	+++	6/84 (7.1)	1/8 (12.5)	4/26 (15.4)	2/9 (22.2)	

- = Not evident

+ = Minimally

++ = Moderately

+++ = Abundantly



## 6 Discussion

### 6.1 General aspects of the study

The majority of studies dealing with CT imaging for multiple trauma or polytrauma concentrate on a single organ (e.g. the liver) or a single body compartment (e.g. the thorax). Far less of the literature evaluates CT scanning from the top of the head to the pelvis as an entity in the context of trauma. To a certain extent, the results of a given study are center-specific because of the exploitation of local resources and particular practices (Gralla *et al.* 2005, Rieger *et al.* 2009). As a consequence, it appeared imperative to test our trauma CT protocol against experiences from other centers (studies I and II).

Although there are studies with CT in such conditions as intra-abdominal sepsis, trauma, pulmonary embolism, or adult respiratory distress syndrome, the overall impact of CT on the treatment of general ICU patients is not known (Go *et al.* 2005, Ichikado *et al.* 2006, Voggenreiter *et al.* 2000). In study III the clinical significance of CT scanning for patient care in a mixed medical–surgical ICU was assessed in cases where other imaging modalities (e.g. chest radiography or ultrasonography) failed to provide sufficient information for a diagnosis or a treatment decision.

An edematous gallbladder (GB) is a frequent finding in critically ill patients and should be distinguished from a more severe form of necrotic gallbladder inflammation. Unfortunately, laboratory tests (Pelinka *et al.* 2003) and clinical findings (Laurila *et al.* 2004) have turned out unreliable in predicting necrotic AAC. Furthermore, US has low diagnostic accuracy (Boland *et al.* 2000, Mariat *et al.* 2000, Mirvis *et al.* 1986, Pelinka *et al.* 2003, Puc *et al.* 2002) and cholescintigraphy lacks specificity in AAC (Mirvis *et al.* 1986). Study IV was conducted to clarify the usefulness of CT findings in predicting necrotic AAC in ICU patients.

### 6.2 Strengths and weaknesses

The Injury Severity Score (ISS) is an established medical score used to assess trauma severity (Baker *et al.* 1974, Copes *et al.* 1988, Salottolo *et al.* 2009). Although the patients in studies I and II were victims of high-energy trauma based on the indications listed by Stene (Appendix, Table 19), ISS scores were

not registered. The lack of these data limits the comparability of our data with other trauma series. The absence of a real standard of reference for diagnosis of injuries is also a drawback. Despite the review of follow-up examinations, surgery, and clinical outcome, undetected injuries may still have remained. This is most likely in the cases of minor, and hence clinically silent, injuries.

Study III was an observational study that provided an opportunity to determine the impact of MDCT findings on treatment and clinical decision-making. The multidisciplinary evaluation group assessed prospectively the impact of the MDCT findings on the patient's treatment. This enabled a robust evaluation of the contribution of the CT findings to treatment decisions as well as the need for additional examinations. Neither the reliability of the MDCT findings nor the real importance of negative MDCT findings was evaluated, which is a limitation of the study.

Study IV was the first report of CT findings in acute acalculous cholecystitis (AAC) in critically ill patients that provided surgical operative confirmation. The patient material suffering from AAC is one of the largest in an ICU setting. Because of the retrospective nature of the study, the imaging parameters were not uniform. This may have some impact on the consistency of the gallbladder findings.

### **6.3 Accuracy of CT in assessing blunt multiple trauma patients**

Trauma surgeons and physicians treating patients exposed to high-energy trauma face the dilemma of having to perform a rapid but still reliable evaluation of all significant injuries without unnecessarily delaying treatment. Although a reliable physical examination for an abdominal injury has a high negative predictive value (85%), almost half of multiply injured patients have an equivocal physical examination (Schurink *et al.* 1997). A reliable physical examination of patients with a head injury is only feasible in 16% of cases (Schurink *et al.* 1997). Hemodynamically stable patients can be subjected to a diagnostic CT examination (Leidner *et al.* 1998, Philipp *et al.* 2003, Rieger *et al.* 2009, Sampson *et al.* 2006). The high sensitivity (94%), specificity (100%), and accuracy (97%) of CT in patients with high-energy trauma in our study support earlier results.

Our hypothesis was that patients exposed to high-energy trauma would benefit from a CT examination. Ninety-nine patients (74%) had findings consistent with trauma, suggesting that the prevalence of injuries is very high when the criteria of high-energy trauma are fulfilled. However, slightly less

negative CT studies were reported in patients with major trauma involving two or more body compartments with an Abbreviated Injury Scale score  $\geq 2$  (Sampson *et al.* 2006). When victims of a significant mechanism of trauma with no obvious signs of chest or abdominal injury underwent whole body CT examination, overall treatment was changed in 18.9% of the cases (Salim *et al.* 2006). The use of CT with high-energy trauma patients is warranted.

The maximum productivity of MDCT was established in two cases (2%) where the patients had injuries in all five body compartments. A total of 57 of the 133 patients (43%) had injuries in two or more compartments. Thoracic injuries, which were seen in 58 patients (44%), were the most frequent findings in the current study. Because of the vital nature of the thoracic structures, it is obvious that any significant delay in diagnosing these injuries may cause a substantial compromise of prognosis. The sensitivity of CT warrants its use to exclude traumatic aortic injury (Chen *et al.* 2004, Cleverley *et al.* 2002, Demetriades *et al.* 2008, Dyer *et al.* 1999, Melton *et al.* 2004). There were no aortic injuries in this study, nor any indications for follow-up based on conventional aortography. The progression of several findings, mostly accumulation of pleural fluid, was observed in the follow-up. Chest radiography and ultrasound provided enough information about the changes, obviating any need for a tertiary CT survey.

CT is well established as a highly accurate imaging modality for the detection of solid organ injuries, which is in concordance with our results. The accuracy of CT in the diagnosis of gastrointestinal and mesenteric injuries still remains controversial (Atri *et al.* 2008, Elton *et al.* 2005, Holmes *et al.* 2004, Killeen *et al.* 2001). There were three false-negative findings of intestinal rupture in our study. Bowel and mesenteric injuries are a diagnostic challenge, but accurate and reproducible results can be achieved using a variety of CT criteria (Butela *et al.* 2001, Killeen *et al.* 2001). There is no pertinent consensus on the adequacy of oral contrast material for CT in trauma patients (Butela *et al.* 2001, Federle *et al.* 1997, Shreve *et al.* 1999). CT imaging without oral contrast material has shown to compare favorably with CT imaging using oral contrast material (Allen *et al.* 2004, Holmes *et al.* 2004). In our study, the prevalence of intestinal perforation was quite low (2%), indicating that the use of oral contrast material could be limited to abdominal trauma victims. All major injuries of the urinary system and retroperitoneum were correctly diagnosed with MDCT.

Clinical evaluation of the spine is often equivocal, and false-negative findings are frequent in the case of unconscious patients (Schurink *et al.* 1997). CT has proved superior to plain radiography in the detection of spinal injuries. Plain

radiographs contribute no additional information, and should not be obtained (Tables 1 and 2). The 2 mm slice thickness used in our MDCT protocol enabled high-quality multiplanar reformatting. As long as the primary data were restored, it was possible to reconstruct images with 2 mm image thickness (3 mm as a default) and 1 mm overlapping (2 mm as a default). Six conservatively treated minor vertebral fractures (5%) were overlooked in this study, presumably because of the wealth of other findings. The high spatial resolution in CT obviates the need for radiography.

The accuracy of examination procedures has to be determined precisely. Whereas false positive diagnoses may cause unnecessary further diagnostic evaluation, false negative diagnoses may be devastating (Scalea & Mirvis 2003). Attractively high specificity of a test may turn out useless if sensitivity remains disappointingly low. Injuries may be missed both in the first survey, i.e. in a rapid physical examination, ultrasonography, and radiography, and in the second survey, i.e. detailed head-to-toe physical examination and CT (Biffl *et al.* 2003, Buduhan & McRitchie 2000, Houshian *et al.* 2002). In our study, follow-up examinations, surgery, and clinical outcome revealed 19 false negative findings and 2 false positive findings, supporting the requirement for a tertiary survey in order to diminish the problem.

#### **6.4 Evaluation of CT images from the scanner's console**

In this study, 62% of high-energy trauma patients were correctly diagnosed in a rapid 5-min initial structured evaluation of MDCT images from the scanner's console. The overall sensitivity of the initial structured evaluation from the scanner's console was 60% and specificity 98%. Several findings were missed in 38% of the patients, but these were findings that neither required immediate intervention nor led to an obvious increase in morbidity. All the patients requiring immediate intervention were correctly diagnosed.

This study evaluated the daily practice in our institution equipped with a four-slice MDCT scanner, which is situated in the vicinity of the emergency care unit. In our trauma protocol, the reconstruction time of the whole image data set covering the thorax, abdomen, and pelvis is 5–6 min. Potential extra delay may be caused by image evaluation at a PACS workstation separate from the scanner console, as is the case in our institution. This requires an additional image transfer, which may take several minutes, depending on network capacity and the number of transferred images. In the case of a high-energy trauma patient, every minute

gained in the time needed to diagnose life-threatening injuries may be critical. Along with the recent advances in computer technology, the reconstruction time of new 16- or 64-row MDCT scanners is no longer an issue of diagnostic delay, and a rapid initial evaluation of trauma images with new scanners is therefore likely to yield better sensitivity than observed here. The results of the current study may, however, be extrapolated to the evaluation of images in the axial plane with reasonable certainty, regardless of the precision of the scanner technique.

Missed injuries were most frequent in the thoracic compartment, including eight false negative and two false positive findings. The diagnostic delay of these injuries had no obvious impact on patient outcome. Slightly degraded image quality due to the RTIR technique and limitation of axial slices turned out to increase the frequency of missed findings. MDCT and chest radiography were not compared in our study, but earlier works have demonstrated the superiority of CT over chest radiography in detecting chest trauma complications (Guerrero-Lopez *et al.* 2000, Trupka *et al.* 1997).

Helical CT, and especially multi-detector CT, are superior to conventional radiographs in depicting spine fractures (Hauser *et al.* 2003, Rhee *et al.* 2002, Sheridan *et al.* 2003, Wintermark *et al.* 2003). In our study, unstable spine fractures were missed in two patients (5%). It has been shown that abdominal and pelvic single-slice CT without reformatted images fails to diagnose up to 23% of lumbar fractures and 46% of fractures requiring therapy (Rhee *et al.* 2002). In conjunction with our results, this implies that dedicated screening of both high-quality axial slices and reformatted images is essential in order to avoid misdiagnoses of spine fractures.

## **6.5 Impact of CT on clinical decision-making in critically ill patients**

Our results showed that while only one fifth of our patients staying in the ICU more than 48 hours underwent MDCT examination, 85% of the examinations either led to a new treatment intervention or otherwise provided important information confirming previous clinical or radiological suspicions. No significant impairment of renal or cardiorespiratory function during transportation was seen.

In our patient population, the MDCT examination was indispensable, because the requesting physicians considered clinical data and the information of other imaging modalities insufficient for decision-making. Although our setting was not a blinded interventional study, it provided an opportunity to determine the impact

of MDCT findings on treatment and clinical decision-making. Whether wider use of MDCT examinations would have had more impact on clinical treatment remains open in this single-center observational study. The purpose of our study was to evaluate whether MDCT examination will change treatment, but not to evaluate the reliability of MDCT findings.

Although abdominal ultrasonography is a safe bedside procedure, certain anatomical areas are difficult to visualize, and their examination can be hampered by wounds, surgical dressings, drains, and the presence of an ileus (Go *et al.* 2005). Because of our clinical practice, only a few abdominal ultrasonographic examinations were performed before the MDCT examinations, because we usually omit the less informative ultrasonography whenever a MDCT examination is planned. For this reason, we could not determine the precise effectiveness of alternative examinations in demonstrating the presence of, for example, pleural fluid. It is important to note that, for instance, pleural drainage or gallbladder puncture could also have been chosen after ultrasonography in some cases if the attending physician had been able to suspect these conditions without the MDCT examination. On the other hand, this fact further underlines the utility of MDCT imaging in ICU patients as a way to resolve ambiguous situations.

In earlier literature the clinical usefulness of scans of different anatomical areas has not been systematically evaluated in a general ICU population. In our study, the MDCT examination led to new treatments or contributed to or supported clinical decision-making as frequently as reported in one study with 16 patients (85% vs. 82.5%) with a single-slice helical CT scanner (Kumta *et al.* 2002). Interestingly, in our study, almost half of the abdominal examinations resulted in a change in treatment, compared with one third of the thoracic examinations. In one prospective study of trauma patients with suspected intra-abdominal sepsis, the initial abdominal CT resulted in a change in the patient's treatment in 58% of the cases, while the follow-up tomography resulted in a corresponding change in 37% of the cases (Velmahos *et al.* 1999). In another study none of the findings resulted in surgical treatment, in five cases an intra-abdominal collection was suspected and one drain was inserted (Kumta *et al.* 2002). The differences between the consequences of CT examinations are presumably due to a different case mix. Our patients were severely ill, with a high median APACHE II score of 22.5 and a relatively long median ICU stay of 9 days.

Our experience with thoracic computed tomography were slightly better than in earlier literature concerning general ICU patients; there were changes in



clinical management in 33% of the cases compared with 22–26% (Miller *et al.* 1998, Roddy *et al.* 1981). However, in a specific ICU population, even higher figures have been found; by assessing the efficiency of secondary chest CT in critically ill patients with multiple traumas, chest CT had an overall efficiency of 57% when the therapeutic interventions were based on abnormalities that were seen on CT scans but not evident on chest radiographs (Voggenreiter *et al.* 2000). In our study, 11% of the patients underwent a change in anti-microbial treatment after thoracic CT. This is supported by the literature stating that in an appropriate clinical setting, CT may be either suggestive of an etiology of underlying pulmonary disease or it may help to narrow a list of alternative differential diagnoses (Franquet *et al.* 2003, Hidalgo *et al.* 2003, Kim *et al.* 2003, Lee *et al.* 2003, Wong *et al.* 2004). Taken together, abdominal MDCT examinations seem to be slightly more beneficial than thoracic MDCT examinations in a general ICU population.

Intra-hospital transfer of critically ill patients has been reported to pose major risks, either system based or human based (Beckmann *et al.* 2004). We did not observe any significant adverse events caused by MDCT examinations or transportation from the ICU to the radiology suite when the same ICU team in charge treated the patient during the examinations. Our study supports earlier experience showing that transportation from the ICU to the radiology suite is fairly safe (Szem *et al.* 1995, Velmahos *et al.* 1999). We did not observe any significant adverse events caused by MDCT examinations when our ICU team, i.e. a physician and a nurse, treated the patient during the transportation and examination, and preventive measures against renal toxicity were applied. The availability of a portable CT scanner may offer safe means of obtaining diagnostic imaging studies and obviate a need for intra-hospital patient transfer (McCunn *et al.* 2000). Portable scanners are based on either multiple single-dimension detectors (a traditional MSCT) or a single volumetric flat panel detector (a cone beam CT). However, a cone beam CT produces soft tissue images with decreased quality due to a reduced contrast-to-noise ratio (Rumboldt *et al.* 2009).

## **6.6 CT findings in acalculous cholecystitis in critically ill patients**

Our study is the first report of CT findings in the gallbladder (GB) of critically ill patients that provides a comparison with operative findings. We found that patients with a surgical finding of an edematous GB or necrotic AAC have divergent CT findings. In concordance with previous reports, the CT findings had

high specificity but low sensitivity in differential diagnostics of a necrotic GB from other GB conditions. However, a normal GB in CT precluded both an edematous GB and necrotic AAC.

GB abnormalities are frequent in ICU patients (Boland *et al.* 2000) and are considered largely a manifestation of systemic critical illness (Laurila *et al.* 2005) associated with multiple organ dysfunction (Laurila *et al.* 2006). In our study, surgical findings in the GB were divided into two main groups: edematous and necrotic forms. Necrotic AAC may lead to perforation of the GB wall and life-threatening biliary peritonitis. Once the diagnosis has been made, cholecystectomy should be the treatment of choice, since early cholecystectomy has been associated with a very low mortality rate, and cholecystostomy may require secondary cholecystectomy in some patients. AAC complicated by gangrene or perforation is a definite indication for cholecystectomy and cannot be treated by percutaneous drainage (Hamp *et al.* 2009, Laurila *et al.* 2004, Laurila *et al.* 2006). In less severe cases without multiorgan dysfunctions, diagnostic or therapeutic drainage via interventional radiology may be the only treatment needed (Huffman & Schenker 2010).

Our findings suggest that an edematous GB might be more than a precursor of necrotic AAC. If an edematous GB is a less severe stage of the same disease as necrotic AAC, it could be assumed that the CT findings are similar but milder. However, this was not the case. While higher bile density and subserosal edema were associated with an edematous GB, gas in the GB wall was associated with necrotic AAC.

Eighty-three percent of our ICU patients (106/127) presented abnormal findings in the GB or adjacent to the GB. None of the patients presenting edematous or necrotic AAC were lacking localized CT findings. Thus, our findings suggest that patients who have no localized CT findings in the GB or adjacent to the GB are most unlikely to have AAC. The major confusing issue in diagnosing AAC in ICU patients appears to be the frequent prevalence of nonspecific abnormal imaging findings in the GB (Boland *et al.* 2000). Similar to our results, Boland *et al.* found that 84% of ICU patients had ultrasonographic abnormalities and 57% had up to three abnormalities, but only two out of 44 patients developed AAC. Many of these findings, including GB wall thickening, GB distension, intramural GB lucencies, pericholecystic fluid, GB sludge, and sonographic Murphy's sign, have also been associated with AAC, but have shown little value in predicting AAC (Boland *et al.* 2000, Puc *et al.* 2002).

In our study population, patients presenting edematous AAC or necrotic AAC had a thickened GB wall ( $> 3$  mm) significantly more frequently than did patients without AAC. However, 75.0% of the cases with necrotic AAC and 65.4% with edematous AAC had a GB wall thickness  $\leq 3$  mm. Additionally, 9.5% of the control patients and 12.5% of the patients with a normal GB had a GB wall thickness  $> 3$  mm. A GB wall thickness of more than 3–4 mm has been considered a major criterion of AAC in both sonography and CT study reports (Bennett *et al.* 2002, Boland *et al.* 2000, Mariat *et al.* 2000, Mirvis *et al.* 1986, Pelinka *et al.* 2003, Puc *et al.* 2002). Although a thick-walled GB is associated with acute cholecystitis, the finding itself is nonspecific and may be related to such conditions as GB carcinoma, adenomyomatosis, systemic diseases (e.g. liver dysfunction, heart failure, or kidney failure), and extracholecystic inflammation (van Breda Vriesman *et al.* 2007). Due to the non-specificity of GB wall thickness, this measurement can be questioned as a main diagnostic criterion in clinical practice.

Subserosal edema has been introduced as an equivalent of the sonographic halo sign (Mirvis *et al.* 1986). It was seen in 23.1% of our patients with edematous AAC. Interestingly, none of the patients with necrotic AAC or a normal GB showed this feature. Subserosal edema is widely considered a major criterion for imaging diagnostics of AAC (Fidler *et al.* 1996, Kalliafas *et al.* 1998, Mirvis *et al.* 1986). While Mirvis *et al.* (Mirvis *et al.* 1986) found subserosal edema highly suggestive of AAC, Fidler *et al.* (Fidler *et al.* 1996) found this positive in only two of their eight patients. Our findings support the latter experience. A low-density halo rim within the GB wall is clearly evident when mucosal layer enhancement serves a bright inner contrast layer against a darker outer wall. Whether this indicates an absence of transmural inflammation still remains unclear.

Our results show that bile density is higher in an edematous GB than in necrotic AAC. Denser bile is often related to GB sludge, which commonly develops in critically ill patients (Ko & Lee 2003). Accordingly, in our series, patients with an abnormal GB received more opioids and had more severe cardiovascular dysfunction than did those without abnormal findings. Due to a lack of correlation between bile density values and length of ICU stay prior to CT scanning, it is obvious that a prolonged ICU stay is not the only reason for increased bile density. Sludge tends to persist while patients are critically ill, but is supposed to resolve as they recover (Ko & Lee 2003).

The most specific CT findings of necrotic AAC in our series were gas in the GB wall or lumen, lack of GB wall enhancement, and edema around the GB (100.0%, 94.9%, and 92.4%, respectively). Still, all of these findings had poor sensitivity (11.1%, 37.5%, and 22.2%, respectively). Gas in the GB wall or lumen, an irregular or absent gallbladder wall, intraluminal membranes, pericholecystic abscess, and a lack of GB wall enhancement are postulated as specific CT findings of acute cholecystitis complicated by gangrene (Bennett *et al.* 2002). A reliable preoperative diagnosis of gangrenous AAC would be desirable in order to allow urgent surgical cholecystectomy. On the other hand, an unnecessary invasive procedure may be devastating for a critically ill patient. There is evidence that symptomatic patients without gallstones may benefit from cholecystectomy if a hepatobiliary iminodiacetic acid scan (also referred to as cholescintigraphy) shows positive results (Mahid *et al.* 2009).

A possible source of inaccuracy in this study is the time lag between the CT scan and the operation. However, 35/43 patients (81%) underwent CT scanning on the same or previous day as cholecystectomy was performed. Retrospective analysis of the operative findings may hamper the most appropriate information, as well. Furthermore, the golden standard of ACC diagnosis is lacking. Some of our patients could have had AAC that was cured without needing surgical intervention. The clinical course of AAC is also incompletely understood. We have previously shown that histological changes also exist in the edematous form of AAC, but it is not known whether edema generally precedes necrosis (Laurila *et al.* 2005). Our findings suggest, albeit indirectly, that gallbladder necrosis often develops without preceding gallbladder edema.

## **6.7 Generalization of the results**

Inevitably, the results in this study are center-specific because of the exploitation of local resources and particular practices. However, e.g. the imaging protocols and indications for imaging examinations in our institution are based on the literature and references from international conferences. Therefore, our results can be reiterated and verified by other institutions.

## **6.8 Clinical impacts of the study**

CT, and recently MDCT, have proven invaluable tools in imaging diagnostics of multiple traumas and diseases of critically ill patients. Since a transfer of both

ICU patients and patients with multiple traumas is potentially hazardous, the vicinity of the MDCT suite is critical for successful exploitation of this resource. This fact should be taken account when new CT scanners are installed in hospitals. Our study also suggests that it is also vital to know when CT may provide extra help in patient treatment dilemmas.

## **6.9 Future aspects**

Because of the rapid technical evolution of MDCT scanners, the limitations seen during the planning of the current studies have already been overcome. For instance, the reconstruction time of the whole set of whole-body images is no longer a major issue. However, the potential advantage of the most advanced MDCT technology has to be determined by means of prospective controlled trials. Further studies will be necessary to identify trauma patients who will benefit from whole-body MDCT screening in the early phase of multiple trauma care. In addition, the role of CEUS in the detection of abdominal solid organ injuries needs to be confirmed in larger prospective trials. To optimize the advantages of CT, refinement of the indications for CT scanning is needed.



## 7 Conclusions

1. MDCT is an accurate examination of blunt multiple trauma patients. Decisions concerning treatment may be based on MDCT with a reasonable level of certainty. However, similar to the literature, bowel and mesenteric injuries remain a diagnostic challenge.
2. A rapid 5-min initial structured evaluation of MDCT images from the scanner's console using three different window settings enables diagnosis of potential life-threatening injuries in high-energy trauma patients. However, dedicated image evaluation at a workstation capable of multiplanar reformatting is still needed for detection of all injuries and exclusion of, for instance, unstable spine fractures.
3. When the clinical indications are fulfilled, 85% of MDCT examinations either result in new treatment interventions or otherwise significantly contribute to clinical decision-making in the treatment of critically ill patients. Further studies are warranted to determine whether wider use of MDCT examinations in a general ICU population would be justifiable.
4. The frequent prevalence of nonspecific abnormal imaging findings in the GB of ICU patients limits the diagnostic value of CT scanning. When the GB appears totally normal in CT images, the probability of any surgical finding in the GB is low. The thickness of the GB wall cannot be regarded as a diagnostic criterion of necrotic AAC. The presence of gas in the GB wall or lumen and the lack of GB wall enhancement are suggestive of necrotic AAC. The sensitivity of these findings is, however, poor.





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# Appendix

**Table 19. Indications of Major Blunt Trauma and High-Impact  $\Delta V$  (Grande & Stene 1991).**

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Two or more long bone fractures
Unstable pelvis
Flail chest
Sternal, scapular, clavicular, upper rib fractures
Fall from 4.6 m or more (adult), 3.7 m or more (child)
$\Delta V$ :
30 km/h without restraints
40 km/h with restraints
Rearward displacement of the car by 60 m
Rearward displacement of the front axle
Engine intrusion into the passenger compartment
Frame intrusion into the passenger compartment:
40 cm on the patient's side of the car
50 cm on the opposite side of the car
Ejection of the passenger
Roll-over
Death of another passenger
Pedestrian struck at 30 km/h or more
"Spiderweb" in the windshield
Prolonged extrication

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$\Delta V$  = Change in velocity



## Original publications

This thesis is based on the following original articles, which are referred to in the text by their Roman numerals.

- I Ahvenjärvi L, Mattila L, Ojala R & Tervonen O (2005) Value of multidetector computed tomography in assessing blunt multitrauma patients. *Acta Radiol* 46(2): 177–183.
- II Ahvenjärvi L, Niinimäki J, Halonen J, Tervonen O & Ojala R (2007) Reliability of the evaluation of multidetector computed tomography images from the scanner's console in high-energy blunt-trauma patients. *Acta Radiol* 48(1): 64–70.
- III Ahvenjärvi LK, Laurila JJ, Jartti A, Ylipalosaari P, Ala-Kokko TI & Syrjälä HP (2008) Multi-detector computed tomography in critically ill patients. *Acta Anaesthesiol Scand* 52(4): 547–552.
- IV Ahvenjärvi L, Koivukangas V, Jartti A, Ohtonen P, Saarnio J, Syrjälä H, Laurila J & Ala-Kokko T (2010) Diagnostic Accuracy of Computed Tomography Imaging of Surgically Treated Acute Acalculous Cholecystitis in Critically Ill Patients. *J Trauma*, in press.

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