

# 1 **Context-dependent resource choice in a nest-building fish**

2

## 3 **Abstract**

4 When making decisions, individuals can be influenced by both the range of options available  
5 to them and intrinsic factors, such as their own body size or condition. The current  
6 understanding of the topic comes mostly from studies of foraging behaviour and mate  
7 choice, whereas other fitness-related decisions have been the subject of much less attention.  
8 Here, we investigated how the number of available options, along with body size and  
9 condition, affect the nesting resource choices of male sand gobies, *Pomatoschistus minutus*.  
10 The results show that resource choices were not affected by additional choice options (i.e.  
11 binary vs. ternary choice situation) or the body condition of the chooser, whereas resource  
12 size, resource type (i.e. whether choices were between arched or flat shaped resources) and  
13 body size did have an effect. In particular, while larger nesting resources were chosen more  
14 often in most situations, this pattern was stronger among larger males and when the  
15 resources had a flat, rather than arched, shape. Indeed, in the case of arched resources, the  
16 medium size category was more popular than the smaller and the larger one. Together, the  
17 results show that both intrinsic and extrinsic factors can influence important behavioural  
18 decisions over resource choice.

19

## 20 **Keywords:**

21 body condition, body size, comparison, context dependent, decision making, nest, option,  
22 parental care, resource choice, sand goby

## 23 INTRODUCTION

24 Optimality-oriented theories predict that animals respond to the costs and benefits of a  
25 choice situation by making optimal behavioural decisions. However, empirical evidence  
26 shows that behavioural decisions can vary—both among and within individuals—much more  
27 than predicted by the optimality approach (Bateson, Healy, & Hurly, 2003; McNamara &  
28 Houston, 2009; Sih, Cote, Evans, Fogarty, & Pruitt, 2012). One reason for this variability is  
29 that the choices animals make can be context-dependent, especially if the decision-making  
30 process involves comparisons (Bateson & Healy, 2005; McNamara & Houston, 2009). In  
31 some cases, individuals have been found to be sensitive to the number or types of  
32 alternatives that are available to them (Bateson et al., 2003; Bateson & Healy, 2005; Nevai,  
33 Waite, & Passino, 2007). For example, attractiveness of a potential mate may not necessarily  
34 be a direct function of his/her underlying quality, but instead, could depend on the other  
35 available suitors with whom he/she is being compared (Bateson & Healy, 2005).

36 Choices that individuals make may not only depend on the specific options that are available  
37 to them, but can also be influenced by intrinsic factors, sometimes referred to as the  
38 chooser's 'state' (Wolf & Weissing, 2010; Fawcett, Hamblin, & Giraldeau, 2013). For  
39 example, body condition and body size can both affect the decisions and choices that  
40 individuals make (Gross, 1996; Bateson & Healy, 2005; Lehtonen, Lindström, & Wong,  
41 2015). In this regard, our understanding of how the decision-making process is related to  
42 both extrinsic (especially range of choice options) or intrinsic factors (e.g. body condition,  
43 size) come mostly from studies of foraging behaviour, or, in the context of reproduction,  
44 from studies of mate choice (Bateson et al., 2003; Bateson & Healy, 2005; Hutchinson,  
45 2005). By contrast, the relative effects of the choice options and intrinsic factors in other  
46 fitness-related decisions (including other reproductive contexts) have been the subject of

47 much less theoretical and empirical attention. However, such decisions, for example in the  
48 contexts of oviposition and nesting site choice, can have a profound impact on offspring  
49 success (Kraak, Bakker, & Hočevár, 2000; Brown & Shine, 2005; Natsumeda, 2005; Byrne  
50 & Keogh, 2009; Barber, 2013; Reedy, Zaragoza, & Warner, 2013; Mainwaring, Hartley,  
51 Lambrechts, & Deeming, 2014). Decisions over resources needed for nesting, such as  
52 suitable nesting holes or nest-building materials, could be similarly important and affected  
53 by the range of options available to the nesting individual, as well as the nest builder's  
54 intrinsic properties.

55 The sand goby, *Pomatoschistus minutus*, is an ideal model with which to test how nesting  
56 decisions may be affected by both the range of nesting resource options available for choice  
57 and the nest builder's intrinsic properties. To build a nest, a male sand goby requires a  
58 nesting resource, such as an empty mussel shell or flat stone (Lindström, 1988; Lehtonen &  
59 Lindström, 2004). In most cases, the male piles sand on top of, and excavates under, the  
60 nesting resource, leaving a single narrow opening. Hence, the size and shape of the resource  
61 the male acquires directly impacts the nest-building process and the size and appearance of  
62 the completed nest. The nest holder then tries to attract females to lay eggs (in a single layer)  
63 on the ceiling of the nest and, if successful, the male takes exclusive care of the eggs by  
64 nursing and guarding them. A male can guard multiple egg clutches simultaneously  
65 (Lindström, 1988, 1992). The size of his nesting resource can influence both his  
66 attractiveness to females (Lehtonen, Rintakoski, & Lindström, 2007) and the number of eggs  
67 he physically can receive, i.e. his mating success (Lindström, 1988). However, bigger is not  
68 necessarily better: occupying a large nesting resource is also likely to be associated with  
69 costs, such as the need to use more sand for covering the resource, circulation of larger  
70 volumes of water when aerating eggs in the larger nest, or defending the nest and eggs  
71 against usurpation, parasitic fertilisations and potential egg predators (Kvarnemo, 1995;

72 Lindström & Pampoulie, 2005; Lehtonen, Vesakoski, Yli-Rosti, Saarinen, & Lindström,  
73 2018). Interestingly, males were found to prefer a large nesting resource in the presence of a  
74 second, smaller alternative (Wong, Lehtonen, & Lindström, 2008; Lehtonen, Lindström, &  
75 Wong, 2013; Flink & Svensson, 2015), whereas some studies presenting sand gobies with a  
76 choice of three different sized resources have found a preference for the intermediate option  
77 (Kvarnemo, 1995; Japoshvili, Lehtonen, Wong, & Lindström, 2012; Lehtonen, Wong, &  
78 Kvarnemo, 2016). These results may be driven by the relative sizes of the resources on offer  
79 (albeit these have been fairly consistent among the studies), complexity of the demands of  
80 parental care and nest defence, or how the choice of resource is affected by the range of  
81 options available to the chooser. However, whether nesting resource choice is indeed  
82 affected by the range of available options is not known.

83 Here, we experimentally tested whether a male's choice of nesting resource size is affected  
84 by the range of options, the type of the resource, or the nest builder's body condition and  
85 size. If nesting resource choice is, indeed, relative in the sense that it is influenced by the  
86 range of options available to the chooser, based on earlier work on context-dependent choice  
87 (as cited below), we can make the following three predictions with regard to resource size.  
88 First, we may expect the difference in relative popularity of a small vs. medium-sized  
89 resource to be smaller in a binary choice situation than when an even larger option is also  
90 offered (i.e. when a small, medium and large resource are available; see Tversky &  
91 Simonson, 1993). Second, we may also expect a medium-sized resource to be chosen less  
92 often in relation to a large one when males are given a binary choice between these two  
93 options, compared to when all three size options are available (Tversky & Simonson, 1993;  
94 Schuck-Paim, Pompilio, & Kacelnik, 2004; Fawcett et al., 2013). Third, we may expect that  
95 the relative difference in the popularity of the more "extreme" choice options, here a small  
96 vs. a large resource, is reduced when an intermediate (here: medium-sized) option is also

97 present (Huber, Payne, & Puto, 1982; Doyle, O'Connor, Reynolds, & Bottomley, 1999;  
98 Sedikides, Ariely, & Olsen, 1999; Bateson et al., 2003).

99 Aside from resource size, different kinds of nesting resources can affect offspring fitness or  
100 the chooser's perception of the resource's desirability, as shown, for example, in blue tits,  
101 *Cyanistes caeruleus* (Møller et al., 2014). Therefore, our fourth prediction is that resource  
102 choice may be affected by the architecture of the resource being offered (arched vs. flat, see  
103 Methods for details). Finally, we tested the effects of two important 'state' measures, i.e.  
104 body condition and body size, on nesting resource choice. In this regard, our fifth prediction  
105 is that, due to the costs related to holding a large nest (sand gobies: see above; number of  
106 bird species: Mainwaring et al., 2014), males in poorer condition should choose smaller  
107 nesting resources (relative to their size) compared to higher condition males.

108

## 109 **METHODS**

110 The study was conducted at the Tvärminne Zoological Station (59°50.7' N; 23°15.0' E) in  
111 2016 during the sand goby breeding season, which, in the northern Baltic Sea, peaks from  
112 late May to early July.

113 To capture males for our experiment, we placed artificial nesting resources on the sandy  
114 substrate in a shallow water habitat near the field station (Vargskär). Males that had built a  
115 nest (or at least initiated nest building) using these nesting resources were later caught with  
116 the aid of a mask, snorkel and hand nets, and then immediately transported to the field  
117 station. To increase variation in the size of captured males, similar numbers of the following  
118 four kinds of nesting resources were used: two sizes of clay flowerpots (maximum diameter  
119 width and length of small pot: 4.5 cm and 4.2 cm; large: 8.3 cm and 8.2 cm) and two sizes of  
120 ceramic tiles (length × width of small: 5.0 cm × 5.0 cm; large: 9.9 cm × 9.9 cm). Halved

121 flowerpots and ceramic tiles were chosen to simulate natural nesting resources, both of  
122 which are readily accepted by sand gobies in the field (flowerpots: Lindström & Pampoulie,  
123 2005; tiles: Wong, Lehtonen, & Lindström, 2018) and under laboratory conditions  
124 (Lehtonen et al., 2018).

125 Back at the field station, males were first kept for a short period (less than a week) in holding  
126 aquaria of ~100 litres (with max 20 individuals in each), and fed live mysid shrimp  
127 (*Neomysis integer*) *ad libitum*. All stocking and experimental aquaria (see below) were  
128 placed in a non-insulated greenhouse and supplied with a continuous through-flow of water,  
129 pumped from the Baltic Sea. Hence, the aquaria were subject to natural water conditions and  
130 day/night cycles.

131 After completion of each trial (see below for details), the focal male was weighed to the  
132 nearest 0.01 g in a container of water on an electronic balance, and its total length was  
133 measured to the nearest 0.5 mm on a measuring board with a grid scale. In total,  $N = 346$   
134 males were tested (total length:  $50.4 \pm 0.5$  mm [mean  $\pm$  standard error], weight  $1.00 \pm 0.02$   
135 g,  $N = 341$  males successfully measured). The males were randomly distributed among the  
136 different choice scenarios (i.e. treatments, see below). No individual was used more than  
137 once. The randomisation was done on a daily basis so that, as far as possible, a similar  
138 number of replicates of all treatments were run at the same time. All randomisation in the  
139 experiment was achieved with a random number generator (available at  
140 <https://www.random.org/>).

#### 141 *Choice between small vs. medium, in the presence or absence of a large resource*

142 We first assessed choices between small- and medium-sized nesting resources in a binary  
143 choice situation, as well as in another treatment in the presence of a large nesting resource  
144 (see below and Figure 1 for details regarding the nesting resources). If the context of the

145 choice situation affects resource choice of sand goby males, we would expect that the  
146 medium option, compared to the small one, is chosen less often when the large option is also  
147 available (Tversky & Simonson, 1993).

148 The choice arenas (aquaria) measured 68 cm × 25 cm × 22 cm (length × width × height of  
149 water level), and had a 4 cm layer of fine sand covering the bottom. The nesting resources  
150 were randomly assigned to the left, right and centre of the arena. When only two nesting  
151 resource options were available (here: small and medium), one of the three possible positions  
152 where the resource could have been placed within the aquarium (left, right or centre) was left  
153 empty in a randomised fashion (Lehtonen et al., 2016).

154 Each replicate was initiated by placing a sand goby male into an experimental tank. He was  
155 then given up to 48 hours to start building a nest and the replicate was terminated if no nest  
156 building took place within that time. All tanks were checked ~7 times daily between 08:00  
157 and 23:00 to record male location and any signs of nest building. The male was considered  
158 to have chosen a nesting resource when it had started to pile sand on top of, and excavate  
159 under, the nesting resource (as per Lehtonen et al., 2013, 2016). After the first signs of nest  
160 building were observed, the male was left in the tank for a further ~18 hours. In some cases,  
161 the male initiated building of more than one nest, in which case we determined the male's  
162 resource choice as the option with which he had associated with most frequently (as per  
163 Japoshvili et al., 2012; Lehtonen et al., 2016; Lehtonen & Wong, 2020).

164 The two treatments (binary: small vs. medium resource, and ternary: small vs. medium vs.  
165 large) were run with nesting resources of two different kinds (hereon: architecture): halved  
166 terracotta flowerpots (hereon: 'arched nesting resources') and ceramic tiles (hereon: flat  
167 nesting resources). The dimensions of the small (hereon: S), medium (hereon: M) and large  
168 (hereon: L) arched and flat nesting resources are given in Figure 1. The sizes were chosen so

169 that nesting resources of the two architectures, arched and flat, matched in surface area in all  
170 three size options (S, M and L). This is important because the surface area of the roof of the  
171 nesting resource acts as a physical limit on male mating success by determining the  
172 maximum number of eggs a male can potentially hold in the nest (Lindström, 1988, 1992).  
173 However, within a replicate, only nesting resources of the same architecture (arched or flat)  
174 were used. In replicates with arched nesting resources, the nesting resources were facing the  
175 front of the aquarium, whereas all four sides of each flat nesting resource were identical.

176 We completed 110 ( $N_{\text{arched}} = 39$ ,  $N_{\text{flat}} = 71$ ) and 73 ( $N_{\text{arched}} = 36$ ,  $N_{\text{flat}} = 37$ ) replicates for the  
177 S vs. M and S vs. M vs. L treatments, respectively. The focal male made a choice between  
178 the given options in 65 ( $N_{\text{arched}} = 33$ ,  $N_{\text{flat}} = 32$ ) replicates in the S vs. M treatment and 64  
179 ( $N_{\text{arched}} = 32$ ,  $N_{\text{flat}} = 32$ ) replicates in the S vs. M vs. L treatment. Barnard's exact test  
180 (Barnard 1945) was used to compare the relative popularity/attractiveness of S and M  
181 nesting resources in the two choice situations ('Barnard' package in R, two-sided test).

182 *Choice between medium vs. large, in the presence or absence of a small resource*

183 We were also interested in testing whether the presence vs. absence of a S nesting resource  
184 would increase the relative attractiveness of the M option relative to the L. Notwithstanding  
185 resources sizes, the replicates were run as described above.

186 We completed 82 M vs. L binary choice replicates ( $N_{\text{arched}} = 36$ ,  $N_{\text{flat}} = 46$ ), with the focal  
187 male making a choice in 68 ( $N_{\text{arched}} = 34$ ,  $N_{\text{flat}} = 34$ ) of those replicates. We also used the  
188 same  $N = 73$  S vs. M vs. L replicates as above. Barnard's exact test (two-sided) was again  
189 used to compare the relative popularity of M and L nesting resources in the two choice  
190 situations.

191 *Choice between small vs. large, in the presence or absence of a medium resource*



192 We next tested the hypothesis that the availability of a third, intermediate option (M nesting  
193 resource), may decrease the attractiveness difference between the two extreme (S and L)  
194 options observed in a binary choice situation, especially when the options differ non-linearly  
195 in at least two attributes (Huber et al., 1982; Doyle et al., 1999; Sedikides et al., 1999;  
196 Bateson et al., 2003). Here, we assume such a multimodal asymmetry to exist with regard to  
197 different sized arched—and possibly also flat—nesting resources. In particular, we expected  
198 the curvature of arched nesting resources (Figure 1, Figure 2a) to affect the costs of nest  
199 building and maintenance (detailed in the introduction) in a non-linear fashion. Specifically,  
200 it is intuitive that the costs of nest defence (e.g. the number and intensity of aggressive  
201 interactions) and maintenance (e.g. sand piling and nest entrance adjustments) should  
202 increase non-linearly with nesting resource size, while the male's maximum mating success  
203 (with regard to the area available for eggs to be laid; Lindström, 1988) should increase in a  
204 more linear fashion. Accordingly, we compared the relative popularity of S and L nesting  
205 resources in a binary situation ( $N = 81$ , with the focal male making a choice in  $N_{\text{arched}} = 33$   
206 and  $N_{\text{flat}} = 33$  replicates) as well as in the presence of the M option (S vs. M vs. L choice  
207 scenario, the replicates were the same as above,  $N = 73$ ).

### 208 *Effect of resource architecture*

209 To assess the effect of resource architecture (arched or flat) on the decisions of sand goby  
210 males, we combined the data from the above treatments, using all males that made a choice  
211 and for which we had both total length and body mass measures ( $N = 260$ ). In particular, we  
212 applied an ordinal regression, in which the size of the chosen resource (S, M or L) was the  
213 response variable, with the order  $S < M < L$  being assumed (package 'ordinal' and function  
214 'clm' in R). Because the analysis was run over the entire data-set, the choice options used in  
215 each replicate (S vs. M / S vs. L / M vs. L / S vs. M vs. L) was added as a factor. In addition,  
216 hypotheses regarding body condition and body size (see 'Effect of body size and body

217 condition', below) were assessed in the same model, and these were also added as effects  
218 (see below for details). For the simplicity of interpretation, we were only interested in the  
219 main effects. Their significance was tested by removing the effect of interest from the main  
220 model and then comparing the two models with a log-likelihood test (as per Crawley, 2007).  
221 If resource architecture was found to have a significant effect, we proceeded to compare the  
222 distribution of choices between arched and flat resources in separate tests for each of the  
223 choice scenarios (Barnard's exact for S vs. M, S vs. L and M vs. L, and Pearson's Chi-  
224 squared for S vs. M vs. L).

#### 225 *Effect of male body size and body condition*

226 To test whether body size or body condition affects nesting resource choice, these were  
227 added as effects in the above-described ordinal regression model. Specifically, we used total  
228 length as a proxy for body size and 'scaled mass index' as a proxy for body condition. We  
229 established the latter following the procedure described by Peig & Green (2009). Briefly,  
230 this involved establishing a standardised major axis regression using the 'smatr' R package  
231 (Warton, Warton, Duursma, Falster, & Taskinen, 2012). To calculate the scaling coefficient  
232 beta that was needed to describe the relationship between male total length and body mass in  
233 this population of sand gobies, we used all the males in the study for which we had both  
234 measures, independent of whether they had made a choice ( $N = 341$ ). To increase the  
235 accuracy of the estimate, we also used  $N = 215$  additional males that were measured during  
236 the same field season (resulting in  $\beta = 3.09$ ).

#### 237 *Ethical note*

238 The behavioural choice experiments carried out in this study were non-invasive and reflected  
239 the kinds of choice behaviours that sand gobies would make in the wild. After the  
240 completion of trials, fish were either retained for future, unrelated studies or returned to the

241 sea on the same day. The study was approved by ELLA, the Finnish Animal Experiment  
242 Board (ESAVI/3915/04.10.07/2016).

243

## 244 **RESULTS**

### 245 *Choice between small vs. medium, in the presence or absence of a large resource*

246 Sand goby males' relative choice between S (i.e. small-sized) and M (i.e. medium-sized)  
247 nesting resources in the binary (only these two options present) and ternary (also L option  
248 present) choice situations did not differ significantly (Barnard's exact test,  $P = 0.56$ ; Figure  
249 2b).

### 250 *Choice between medium vs. large, in the presence or absence of a small resource*

251 For the comparison of the binary choice scenario between M and L nesting resources with  
252 the choice situation having also a S resource as a third option (ternary choice), we found that  
253 the presence of the S option did not have a significant effect (Barnard's exact test,  $P = 0.72$ )  
254 on the relative popularity of the M and L resource options (Figure 2c).

### 255 *Choice between small vs. large, in the presence or absence of a medium resource*

256 When we compared the binary choices between a S and L nesting resource and replicates in  
257 which males made the same choice in the presence of a M option, we found no significant  
258 effect of the availability of the M option on the relative popularity of the S vs. L options  
259 (Barnard's exact test,  $P = 0.12$ ; Figure 2d).

### 260 *Effect of resource architecture*

261 As expected, the sizes of the options on offer affected whether a smaller or larger option was  
262 chosen (ordinal regression, log-likelihood significance test:  $\chi^2_3 = 121.4$ ,  $P < 0.001$ ). The  
263 architecture (arched vs. flat) of nesting resources also had a significant effect on the size of

264 the resource males chose (ordinal regression, log-likelihood significance test:  $\chi^2_1 = 34.42$ ,  $P$   
265  $< 0.001$ ). To better understand this overall effect of resource architecture, we then assessed  
266 the effect separately for the four different choice scenarios (Figure 3). This approach  
267 revealed that nesting resource choice did not significantly differ between arched and flat  
268 resources when the options were S vs. M (Barnard's exact test:  $P = 1.0$ ; Figure 3a). However,  
269 arched and flat nesting resources had a tendency to differ under the S vs. L choice scenario,  
270 and they differed under the remaining 2 choice scenarios. In particular, there was a  
271 marginally non-significant tendency towards the S option being chosen more often (relative  
272 to M) when the nesting resources were arched as opposed to flat (Barnard's exact test:  $P =$   
273  $0.057$ ; Figure 3c). In the case of M vs. L choice options, the M option was chosen more  
274 often when the nesting resources were arched (Barnard's exact test:  $P < 0.001$ ; Figure 3b).  
275 Finally, the choices between all three nesting resource sizes (S, M and L) also differed  
276 between arched and flat resources, with the L option being chosen more often in the latter  
277 case (Pearson's Chi-squared test:  $\chi^2_2 = 11.67$ ,  $P = 0.003$ ; Figure 3d). Hence, when both M  
278 and L options were available, M was more popular than L in the case of arched nesting  
279 resources, whereas the preference was the opposite for flat nesting resources (Figure 3).  
280 More generally, the relative popularity of the L option was lower when nesting resources  
281 were arched, as compared to when the nesting resources were flat (Figure 3).

### 282 *Effects of male body size and body condition*

283 The ordinal regression model showed that male total length had a significant effect on  
284 choices (ordinal regression, log-likelihood significance test:  $\chi^2_1 = 7.615$ ,  $P = 0.006$ ): larger  
285 males chose larger nesting resources. In contrast, scaled mass (as a proxy of body condition)  
286 did not have a significant effect (ordinal regression, log-likelihood significance test:  $\chi^2_1 =$   
287  $0.1228$ ,  $P = 0.73$ ).

288

289 **DISCUSSION**

290 The number of different choice situations an individual faces is likely too vast for an optimal  
291 decision to evolve for each one (Hutchinson & Gigerenzer, 2005; McNamara & Houston,  
292 2009; Fawcett et al., 2013). Therefore, individuals may need to resort to comparative, rather  
293 than absolute, decisions (Bateson & Healy, 2005). Indeed, both human consumers and non-  
294 human animals are known to employ such decision mechanisms, sometimes resulting in  
295 choices that depend on the range of available options or are in other respects irrational  
296 (Tversky & Simonson, 1993; Highhouse, 1996; Bateson et al., 2003). Accordingly, we tested  
297 whether sand goby males might be affected by the number and type of choices when  
298 choosing a nesting resource. We found no differences in sand goby males' nesting resource  
299 choice between our binary (two options) and ternary (third option also available) choice  
300 scenarios. Hence, sand gobies have nesting resource size preferences that are independent of  
301 the number of options available for comparison.

302 In most of our treatments (arched: S vs. M and S vs. L; flat: all treatments; Figure 3), male  
303 sand gobies chose the larger of the offered nesting resources. Similarly, previous studies  
304 have shown that the size of nesting resources, or completed nests, is a relevant consideration  
305 for many species in terms of the number of eggs that fit in the nest (Snow, 1978; Lindström,  
306 1988), mate attraction (Hastings, 1988; Takahashi & Kohda, 2002; Lehtonen et al., 2007;  
307 Pärssinen, Kalb, Vallon, Anther, & Heubel, 2019), egg/offspring care (Lindstrom &  
308 Hellström, 1993; Hoi, Schleicher, & Valera, 1994), susceptibility to nest take-overs or  
309 parasitic fertilisation attempts (Lindström & Pampoulie, 2005; Tibbetts & Shorter, 2009),  
310 and predation risk (Møller, 1990; Lindström & Ranta, 1992; Biancucci & Martin, 2010). The  
311 preferences were also sensitive to nesting resource architecture, suggesting that resource

312 architecture is an important factor for nest builders, and should be considered by researchers  
313 studying nesting behaviour. Indeed, besides resource size, other nesting resource  
314 characteristics, or characteristics of the site of nesting (Barea & Watson, 2013), are likely to  
315 impact offspring success. In the current study, the M (medium-sized) option was more  
316 popular than L (large) when both options were arched, whereas the preference order was the  
317 opposite for flat nesting resources (Figure 3). More generally, the relative popularity of the L  
318 option was lower when the available nesting resources were arched, compared to when the  
319 resources were flat.

320 We consider two mutually non-exclusive, ecologically relevant explanations for the result.  
321 First, arched resources are similar to empty mussel shells that many marine gobies, including  
322 sand gobies, commonly use as nesting resources. Large arched resources, however, are  
323 outside the size range of mussel shells gobies encounter in the study area (northern Baltic  
324 Sea), whereas this population of gobies commonly uses flat stones of large surface area for  
325 nesting (Lehtonen & Lindström, 2004; Wong et al., 2008). Second, when a nesting resource  
326 is smaller, the arched shape may allow a fast initiation of nest-building with a low energy  
327 expenditure, whereas the higher arc of a larger resource may be linked to increased costs of  
328 nest building, maintenance or defence. More generally, the arched shape may amplify the  
329 maintenance and guarding costs associated with occupying a larger resource. However,  
330 further research is needed to test these possibilities (see also Lehtonen & Wong, 2020).

331 The cost-benefit ratio related to a specific resource may also depend on the body size of the  
332 nest builder. For example, larger males may be able to cope better with the demands of  
333 maintaining and defending nests built using larger nesting resources. Indeed, we found that  
334 larger males chose larger nesting resources. This result is consistent with previous studies  
335 showing that larger individuals use larger nesting resources or build larger nests in a number

336 of taxa (Lee & Peng, 1981; Takegaki, Matsumoto, Tawa, Miyano, & Natsukari, 2008;  
337 Deeming, 2013; Carriço, Amorim, & Fonseca, 2014), including sand gobies (Kvarnemo,  
338 1995; Björk & Kvarnemo, 2012; Japoshvili et al., 2012; Lehtonen et al., 2016). In contrast,  
339 body condition did not have a significant effect on resource choice. This finding probably  
340 indicates that the returns from obtaining a nesting resource of a certain size are linked much  
341 more tightly to body size than body condition. Males of species with paternal egg care  
342 (Manica, 2002; Deal & Wong, 2016), including sand gobies (Lissåker, Kvarnemo, &  
343 Svensson, 2003; Klug, Lindström, & St Mary, 2006; Deal, Lehtonen, Lindström, & Wong,  
344 2017), have the option of improving their body condition later by cannibalising eggs, once  
345 some have already been laid in the nest. Such filial cannibalism provides opportunities for  
346 rapid improvement of energy reserves, which may decouple a male's pre-nesting body  
347 condition from his (optimal) nesting resource choice. It is also conceivable that, by using  
348 males that had already started to build a nest in the field, we excluded individuals whose  
349 body condition was too low for a nesting attempt. Males below such a threshold may  
350 postpone nest building—and hence nesting resource choice—until they have reached a more  
351 adequate state of body condition. Therefore, body condition may not be as important in  
352 determining nest building behaviours (including resource choice) as some other factors, such  
353 as body size, resource size, physiological properties of the environment (Hilton, Hansell,  
354 Ruxton, Reid, & Monaghan, 2004; Rushbrook, Head, Katsiadaki, & Barber, 2010;  
355 Mainwaring et al., 2012) or predation risk (Candolin & Voigt, 1998; Jones & Reynolds,  
356 1999).

357 We hypothesised that the differences in the results of previous studies, with regard to nesting  
358 resource size preferences (large size the preferred option: Wong et al., 2008; Lehtonen et al.,  
359 2013; Flink & Svensson, 2015; medium size preferred: Kvarnemo, 1995; Japoshvili et al.,  
360 2012; Lehtonen et al., 2016), could be due to the different range of options (particularly

361 binary versus ternary) offered in those studies. However, our results suggest that a more  
362 important factor differing between these studies is probably nesting resource architecture. In  
363 particular, we found that choices of sand goby males did not differ in relation to the number  
364 of different options, whereas nesting resource architecture did impact the choice, even when  
365 the area available for eggs was kept constant. In accordance with the current results, earlier  
366 studies that showed a preference for medium-sized nesting resources typically not only  
367 offered three options instead of two, but also used the arched nesting resource type (e.g.  
368 Kvarnemo, 1995; Japoshvili et al., 2012; Lehtonen et al., 2016), whereas studies that showed  
369 a preference for the largest available option tended not only to lack medium-sized option but  
370 also to use flat nesting resources (e.g. Lindström, 1988; Wong et al., 2008; Lehtonen et al.,  
371 2013; Flink & Svensson, 2015). Therefore, the different findings of the previous studies are  
372 better explained by resource architecture than the number of options that were offered. Sand  
373 gobies seem to make absolute rather than relative resource choices.

374 To conclude, the results show that nesting resource size, nest builder's own body size and  
375 resource architecture are all important in determining male choice of nesting resources. In  
376 contrast, the choices were robust with regard to the range of available choice options and  
377 male body condition. Taken together, such results underscore the value of disentangling the  
378 roles of intrinsic and extrinsic factors in influencing individual behavioural decisions over  
379 resource choice and nesting behaviour.

380

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542



543 **Figure captions**

544

545 **Figure 1**

546 Schematic presentation of the two nesting resource architecture types, arched and flat. The  
547 lower part of the figure shows the three different sizes used in the laboratory experiments  
548 (not to scale).

549

550 **Figure 2**

551 Comparison of relative nesting resource size choices of male sand gobies when two focal  
552 size options were offered (binary choice) and when, besides these two options, a third  
553 alternative (denoted in parenthesis in the text panel, not shown in the proportion bars) was  
554 also available (ternary choice). (a) Sand goby male next to a nest he has built using an arched  
555 resource. The comparisons were (b) small vs. medium, (c) medium vs. large and (d) small  
556 vs. large. Sample sizes for the replicates in which one or the other focal size was chosen are  
557 shown.

558

559 **Figure 3**

560 Nesting resource size choices of male sand gobies when the following resource size options  
561 were offered: (a) small vs. medium, (b) medium vs. large, (c) small vs. large and (d) small  
562 vs. medium vs. large. The offered resources were of either arched or flat architecture, with

563 the figure showing how the resource size choices differed under these two conditions.

564 Sample sizes (the numbers of choices) are also shown.

Figure 1

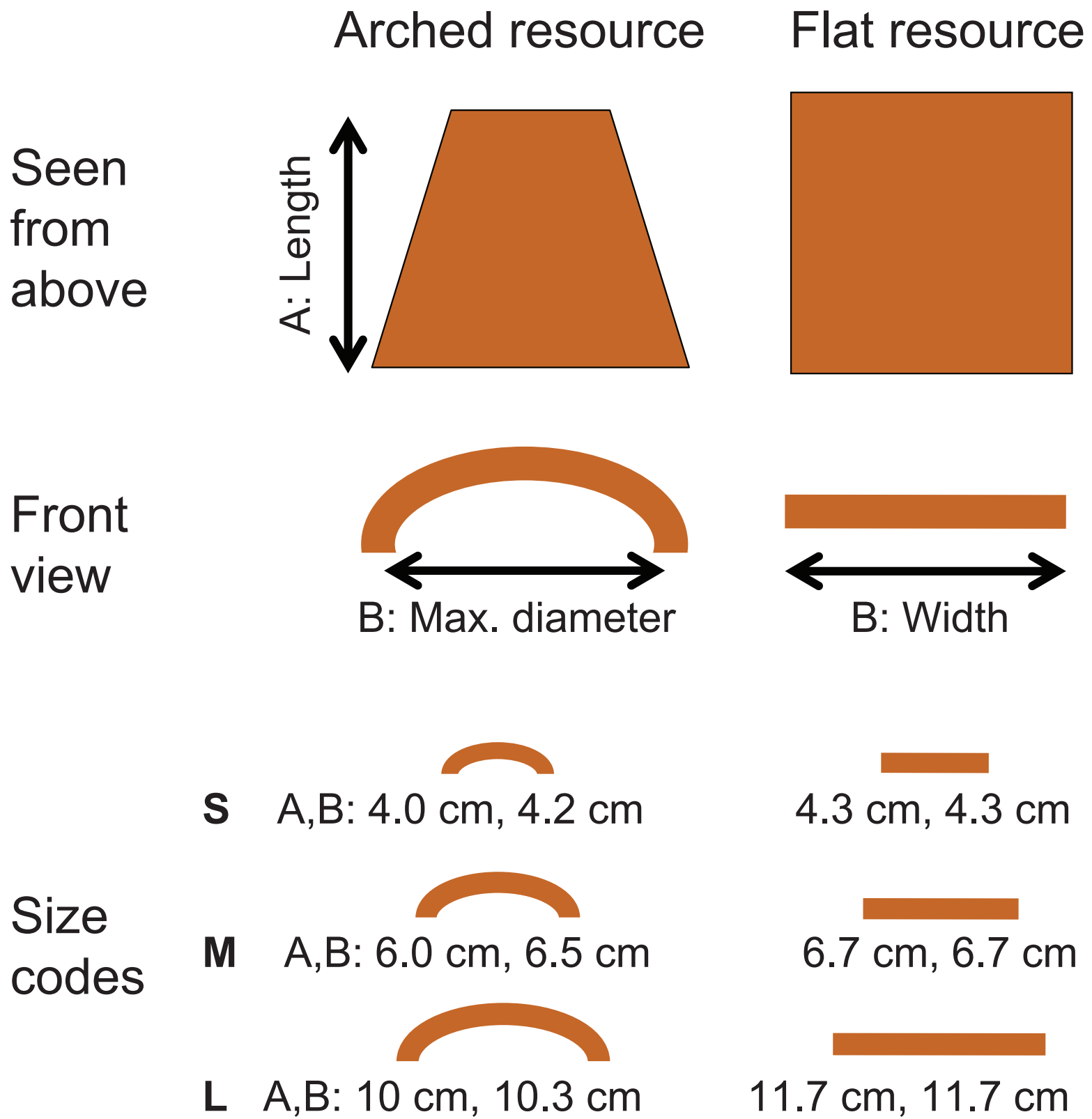



Figure 2

Small (S) 

Medium (M) 

Large (L) 

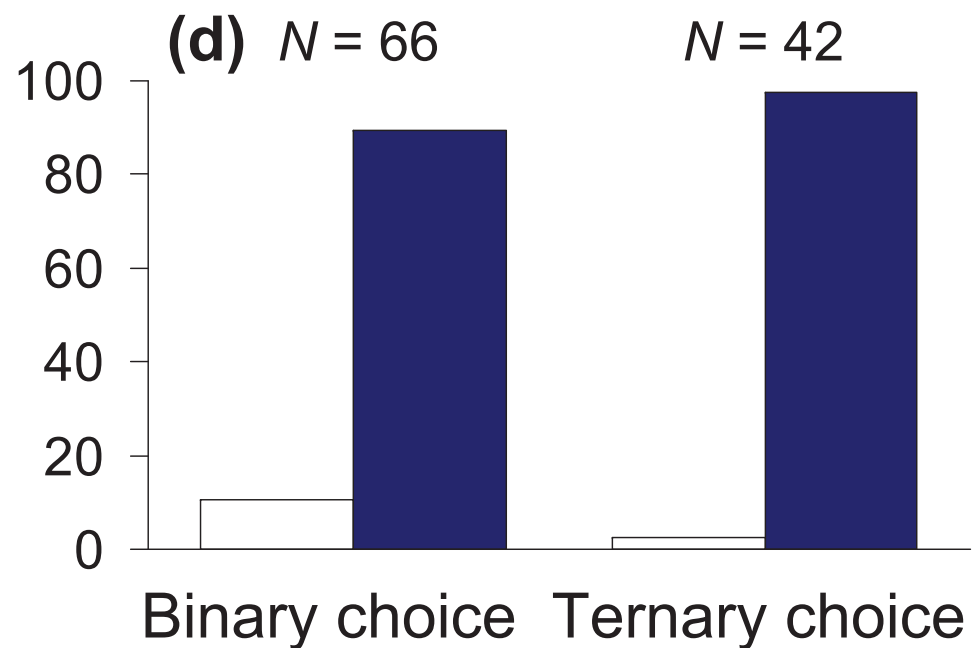
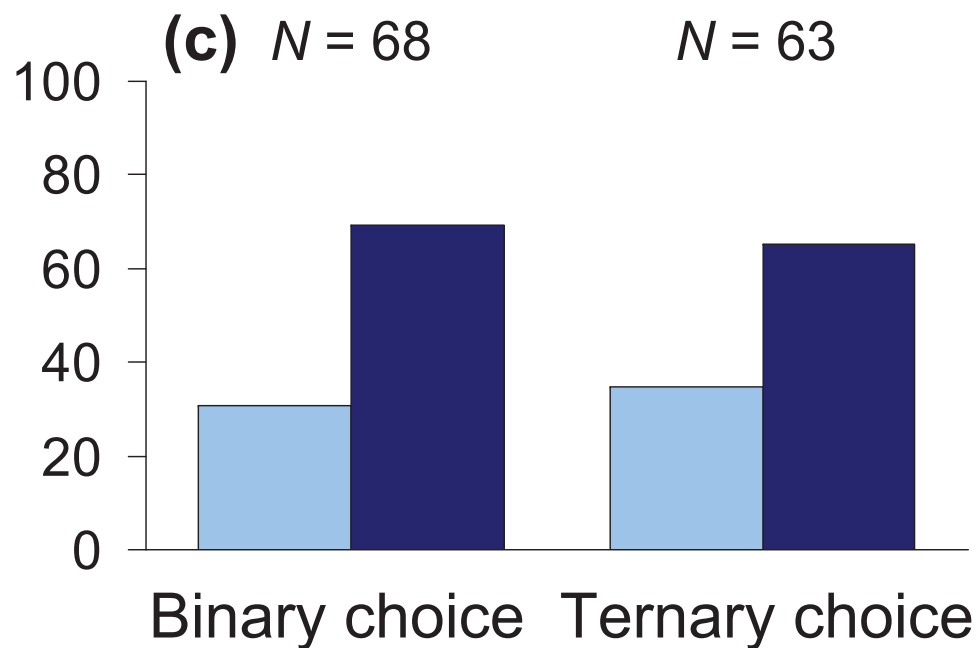
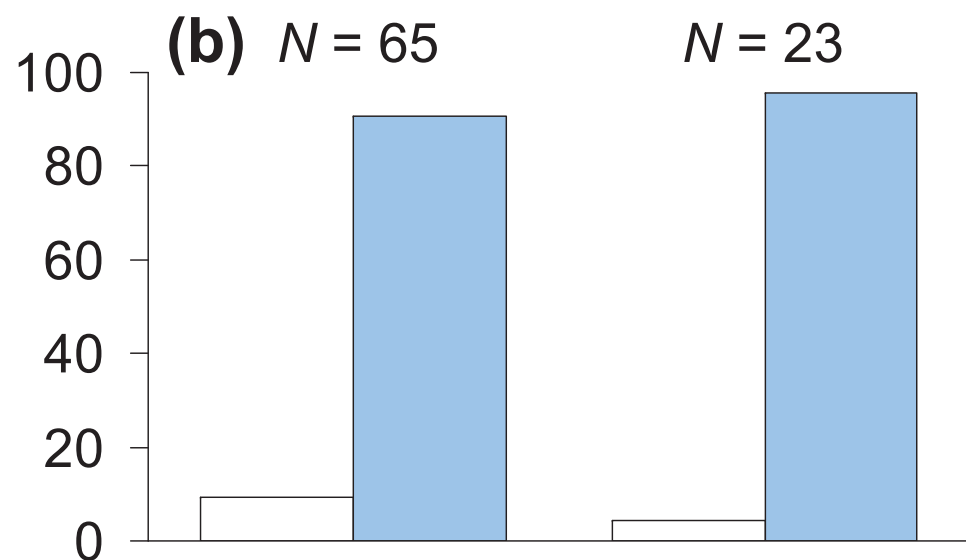



Figure 3

Small (S) 

Medium (M) 

Large (L) 

